



# JCHAI Transitions

## January 2019



Sun	Mon	Tue	Wed	Thu	Fri *	Sat
<b>Curious about JCHAI's programs?</b> <b>Open House &amp; Apartment Visit</b> <b>Wednesday, February 20, 2018, 6-7:30pm</b> Info & required RSVP: Dr. Beth Rosenwasser <b>BethRosenwasser@jchai.org / 215-498-1270</b>		1	2 5:15-7:30pm <b>Movie Night</b> at JCHAI <b>About a Boy</b> **Dinner included	3 5:15-7:15pm Let's write a <b>JCHAI Newsletter</b> with Dr. Beth Rosenwasser!	4	5
6 12:00-2:00pm Free Luncheon Seminar: Open to all JCHAI Members TOPIC: <b>Healthy Relationships</b>	7 5:15-7:15pm <b>JCHAI Book Club</b> "Mary Poppins" **Dinner included	8	9 5:45-7:30pm <b>Pet Therapy</b> **Dinner included	10 4:45-9:30pm <b>Peter and the Star Catcher</b> Play at Wolf PAC in Bryn Mawr & Dinner at Gullifty's	11	12
13	14 5:15-7:15pm <b>JCHAI Book Club</b> "Mary Poppins" **Dinner included	15	16 5:15-7:15pm <b>Game Night: Family Feud with a Disney Theme!</b> **Dinner included	17 5:15-7:15pm Let's write a <b>JCHAI Newsletter</b> with Dr. Beth Rosenwasser! **Dinner included	18	19
20 10:00am-2:45pm Brunch at <b>Station House Restaurant</b> in New Jersey & <b>Paint your own Ceramic Piece</b> to bring home!	21 <b>MLK Day</b> Opportunity to Volunteer for a Day of Service with JCHAI Support	22	23 5:15-7:30pm <b>Craft Night: Decorating a Tea Towel with Tea Time</b> and **Dinner included	24 5:15-7:15pm Let's write a <b>JCHAI Newsletter</b> with Dr. Beth Rosenwasser! **Dinner included	25	26 10:00am-3:00pm <b>Gaming &amp; Lunch at Dave &amp; Buster's in Plymouth Meeting</b>
27	28 5:15-7:15pm <b>JCHAI Book Club</b> "Mary Poppins" **Dinner included	29	30 5:00pm (at JCHAI office & pickup at 8:30 at office) <b>Cooking Class at Hilltop Prep (5:30-8:00pm)</b> We will make our own dinner!	31 5:15-7:15 pm <b>Bingo &amp; Trivia</b> **Dinner included	<b>Join us! JCHAI Transitions Friends &amp; Fun for Young Adults Program Director: Andi Oxman</b> <b>AOxman@jchai.org 267-253-8041</b>	

Learn More at [www.jchai.org](http://www.jchai.org) or visit our FB page: @JCHAIservices



# Trip Descriptions

**Sun. Jan. 6th: Important Seminar: Healthy Relationships & Lunch 12:00-2:00pm @ JCHAI Office. Join us for a conversation about personal boundaries, strong communication, healthy and safe intimacy, voicing your comfort level, and positive self-esteem. No fee for Seminar or Lunch.**

**Sun. Jan. 20th: Brunch at Station House & Painting Ceramics 10:00am-2:45pm @ Paint-a-Treasure in New Jersey! Take what you choose to paint home that day!**

**Sat. Jan. 26th: Gaming & Lunch at Dave & Buster's (Plymth Mtg.) 10:00am-3:00pm You will get a game card and choice of several lunch entrees!**



#### **TRANSITIONS:**

Friends & fun for young adults ages 18 to early 30's  
For more information, please contact:  
Andi Oxman 267-253-8041 [aoxman@jchai.org](mailto:aoxman@jchai.org) or  
Candy Wiater 267-275-6207 [candywiater@jchai.org](mailto:candywiater@jchai.org)