



# ART WORKSHOPS

with Main Line Arts Center's  
Teaching Artist Gavi Kestenbaum



**9/22 4:30 – 6 PM AT JCHAI**  
**MINDFUL ART**

Meditative artmaking combines art and mindfulness. De-stress while you create beautiful flowing drawings with watercolor, markers and colored pencils.



**10/13 4:30 – 7 PM**  
**TRIP TO MAIN LINE ART**  
**CENTER (LATER ENDTIME)**

Join us at the Main Line Art Center for a JCHAI-designed tour of the Risky Beauty Art Show to see local artists' art about climate change. Then create your own nature-based art: watercolor resist leaf rubbings using crayons or oil pastels with watercolors. Meet/Pick up at JCHAI.



**11/10 4:30 – 6 PM AT JCHAI**  
**COLLAGE WALL ART**

In honor of a Matisse exhibit at Philadelphia Museum of Art, we will work together to create large colorful wall art using different shapes and patterns. Please bring song lyrics, poems, post cards, or photos to personalize the art.



**12/8 4:30 – 6 PM AT JCHAI**  
**FUNCTIONAL CERAMICS**

Learn about the ancient art of hand-building with air-dry clay to create plant pots, bowls or plates. You will decorate your pieces with texture and design and finish with colorful paint. Makes great holiday gifts too!

**SIGN UP FOR 1 OR ALL. JCHAI IS PROUD & GRATEFUL TO PARTNER WITH MLAC.**

Classes are \$35 per session. JCHAI Membership required for attendance. To become a member, contact Dr. Beth Rosenwasser at [BethRosenwasser@jchai.org](mailto:BethRosenwasser@jchai.org) or (215) 498-1270



**RELIGIOUS  
AFFINITY  
GROUPS**

## Learn. Pray. Sing... Together

Join us for free, zoom-based 30-minute accessible religious programs. Gain a Jewish and / or Christian spiritual connection. No need to register (links below). Meetings are co-led by JCHAI members, staff, and guest clergy from varied denominations. Each will have an interactive teaching, prayers, and singing.



**JCHAI Jewish Affinity**  
**Thurs September 22nd**  
**7 - 7:30 PM**

Join Zoom Meeting  
<https://us06web.zoom.us/j/87333964253>



**JCHAI Christian Affinity**  
**Thurs October 6th**  
**7 - 7:30 PM**

Join Zoom Meeting  
<https://us06web.zoom.us/j/86904316981>

## Everyone Welcome!

**For more information: [BethRosenwasser@JCHAI.org](mailto:BethRosenwasser@JCHAI.org)**

## Join in & Share Your Ideas

# Member Advisory Committee

## All JCHAI Members Welcome

### **WHAT** is the JCHAI Member Advisory Committee?

- JCHAI members are invited to gather 3 times a year to “advise” or share ideas for how to make JCHAI better.
- Ideas are collected and also decided which ones to do first. The goal is to improve JCHAI offerings, create new opportunities, share problems that need solutions and hear about your ideas for solving problems.

### **WHO** can join?

- Everyone who is a JCHAI Member is welcome.
- 1-2 JCHAI members will be selected by peers to present everyone’s ideas to the committee at board meetings 2 times a year.

### **WHEN & HOW** do we meet?

- **Fall 2022 Meeting Dates. Pick ONE option:**
  - Monday, Nov 7<sup>th</sup>: 12-2pm lunch at JCHAI Swartz Education Center (Regency, Groups Homes, Radwyn targeted but anyone can select this option. This will rotate next round to BuxMont region)
  - Wednesday, Nov 9<sup>th</sup>: 7-8 PM refreshments at JCHAI member Radwyn Apartment
  - Monday, Nov 14<sup>th</sup>: 7-8 PM attend by Zoom (target those living on own or in family home who may live farther away)
- **Spring (Mar/Apr 2023) Meeting Dates : Pick one of 3 options**
- **Summer (Jun/July 2023) Meeting Dates: Pick one of 3 options**

### **WHY** join the JCHAI Member Advisory Committee?

- Your ideas are shared with JCHAI’s leaders including the JCHAI Board of Directors, at least 2 times a year.
- You can make a difference. Make JCHAI more of what you like!
- You have a chance to develop your self-advocacy skills.

### **Questions? Want to share something? RSVP?**

Beth Rosenwasser, PhD

JCHAI Director of Community Engagement & Program Development

BethRosenwasser@jchai.org or 215-498-1270