

Zoom into JCHAI Connect

Unlimited Weekly Online Learning & Fun with Friends
For ALL Ages 18 and older: 15 classes/week is \$50

Sample Week

Monday

11 am: The Most Popular Drink in the World (Coffee!) w/ Grace

1 pm: The History of the Special Olympics w/ Candy

3 pm: Music and Storytelling w/ special guest, writer Josh Brockman

***We'll listen to a selection of Broadway tunes & popular music and read the lyrics as part of a discussion about how music can inspire us during challenging times.*

Tuesday

11 am: Cardio & Kickboxing w/ Kathryn (easy moves, no experience necessary!)

1 pm: Understanding "Acceptance" w/ Byron & Jordyn

3 pm: The History of BBQ: Not your average cookout! w/ Dave

Wednesday

11 am: Tales of the Underground Railroad w/ Andi

1 pm: Nocturnal Creatures (that stay up all night!) w/ Dr. Beth Rosenwasser

3 pm: Escape from Wonderland! Virtual Escape Room w/ Kathryn

Thursday

11 am: Virtual Reality: The History and Future w/ Dave

1 pm: Dealing with Loss w/ Byron

3 pm: Museum of Modern Art in New York (MoMA) w/ Andi

Friday

11 am: Frida Kahlo w/ Candy (Mexican painter and social/political activist who lived with disabilities most of her life)

1 pm: Heads Up & Guessing Games w/ Grace

3 pm: Friday DJ Dance Party (request songs & wear your favorite sports team swag) w/ Dr. Beth Rosenwasser

Curious about joining JCHAI's programs?

Virtual JCHAI classes require an intake

Intake inquiries contact: Dr Beth Rosenwasser,
Director of Community Engagement & Program Development
BethRosenwasser@jchai.org / 215-498-1270

RSVP to attend a personal Virtual Open House

