
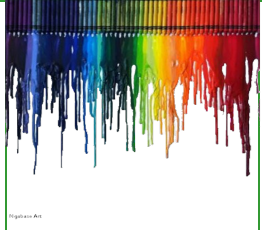



Member Calendar

March 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Weekday In-Person Classes: \$40/class Discount Rate: \$30/class - Register for 4 or more classes per month - Receive 4 or more 1:1 service hours/week - Live in JCHAI Supported Apartments Weekend Programs Pricing as indicated Virtual By Zoom Connect: \$10/week Affinity/Caregiver: Free Community Dinners Pricing varies	Curious about JCHAI Offerings for Neurodiverse Adults? Contact our Director of Community Engagement Dr. Beth Rosenwasser BethRosenwasser@jchai.org / 215-498-1270 We offer supported independent living, professional 1:1 coaching & support, instructional classes, social & community engagement, and vocational internships.				1	2
	4 3-4 pm JCHAI Connect 4:30-6 pm Mindful Monday	5 1-2:30 pm BuxMont Cooking, Art & More (Regency Towers) 4:30-6 pm DAWGMA trip! 6-8 pm D-Hub Community Dinner +	6 5:15-7:15 pm Member Happy Hour	7 10am-1pm Garden Club (Ominsky House in NE Philly) 4:30-6 pm Pet Therapy	8 	9 11:15 am—3:45 pm ACCT Animal Shelter Volunteer Project \$50
	11 3-4 pm JCHAI Connect 4:30-6 pm IMPROV!	12 6-8 pm D-Hub Community Dinner + (Doylestown YMCA)	13 4:45-7:30 pm Member Happy Hour Dave & Buster's \$50 for all members	14 10am-1pm Garden Club 4:30-6 pm Main Line Art Class <i>Tooling Foil</i> 7:30-8:30 pm Caregiver Support	15	16 5-8 pm Evening of Elegance Member Formal \$70
	17	18 3-4 pm JCHAI Connect 4:30-6 pm Cooking with Keri	19 1-2:30 pm BuxMont Cooking, Art & More (Regency Towers) 6-8 pm D-Hub Community Dinner + (Doylestown Historical Society)	20 5:45-8:15 pm Member Happy Hour <i>Hamantash Bake!</i>	21 10am-1pm Garden Club (Ominsky House in NE Philly) 4:30-6 pm Pet Therapy	22
	23	24 11 am – 1 pm JCHAI & NEXTGEN Bagel Brunch & Purim Basket Making \$40 JCHAI Partner Program SOCIAL CIRCLE Rap Groups	25 3-4 pm JCHAI Connect 4:30-6 pm Melted Crayon Art 7-8 pm Christian Affinity Zoom	26 	27 4:45-7:30 pm Member Happy Hour Bowling \$45 for all members	28 10am-1pm Garden Club (Ominsky House in NE Philly) 4:30-6 pm Game Night!
						29 6-9 pm JCHAI Friday Fun Night \$40 <i>Talent Show!</i> 
Learn More about Membership at www.jchai.org						Key to Color-Coded Text Black = JCHAI in Bryn Mawr Red = Virtual/online Green = Weekend activity (Location on p.2) Blue = Buxmont area (Location on calendar)



Member Calendar Trip & Event Details

March 2024

***All cost-based programs require 1 week notice for cancellation except in cases of emergency or illness.**

Tuesday, March 5th, 4:30 –6pm: Trip to DAWGMA Robotics Team

Let's catch up with the DAWGMA Robotics Team to see how their latest project is going.

Pick up and drop off at JCHAI Education center.

Saturday, March 9th, 11:15 am - 3:45 pm: Volunteering @ ACCT Animal Shelter

Cost \$50

Join us for a day of volunteering at an animal shelter. We will be helping make treats for the animals and spend time with them.

Pickup and drop off at JCHAI's Education Center. Lunch will be provided.

Thursday, March 14th, 4:30-6pm: Main Line Art Center Project

In this workshop, we will use aluminum sheets for etching and engraving. Learn to use stencils and simple drawings to create textured works of art.

Saturday, March 16th, 5-8 pm: An Evening of Elegance Member Formal at JCHAI's Education Center

Cost \$70

Come join us for an evening of dinner & dancing. There will also be a DJ and photo booth. Members only, please.

Wednesday, March 20th, 5:45-8:15 pm: Hamantash Bake at The Rohr Center for Jewish Life

Join us for an evening of friendship and hamantash making! Pick up and drop off at JCHAI's Education Center.

Saturday, March 23rd, time TBD: DAWGMA Competition @ Bensalem High School

Cost \$50

Come and join us as we cheer on our friends during their first competition this year!

Pick up and drop off at JCHAI's Education Center. Food will be served.

Sunday, March 24th, 11 am– 1 pm: Brunch & Purim Baskets w/ NextGen Guests

Cost \$40

JCHAI members are joined by Jewish Federation's young adult leaders in the NextGen program. Together we will have brunch and learn about Purim as we collaborate to make "Shalach Manot" gift bags to be delivered to older adults.

Friday, March 29th, 6-9 pm: JCHAI Friday Fun Night: Our monthly center-based gathering. Come for dinner and a talent show at the JCHAI Education Center. Enjoy dinner, showcase your talents, or just hang out with your friends.

Cost \$40

Please register at least one week in advance.

All cost-based programs require 1 week notice for cancellation; except cases of emergency or illness.

If no price is indicated, follow standard pricing on calendar front

Learn More at www.jchai.org

JCHAI Member Programs

Questions or additional information?

Kathryn Adams, MSW

KAdams@jchai.org / 215-498-6510



Member Calendar

April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Weekday In-Person Classes: \$40/class Discount Rate: \$30/class - Register for 4 or more classes per month - Receive 4 or more 1:1 service hours/week - Live in JCHAI Supported Apartments Weekend Programs Pricing as indicated Virtual By Zoom Connect: \$10/week Affinity/Caregiver: Free Community Dinners Pricing varies	1 3-4 pm JCHAI Connect 4:30-6 pm IMPROV	2 1-2:30 pm BuxMont Cooking, Art, & More	3 5:15-7:15 pm Member Happy Hour Cooking w/ Byron	4 10am-1pm Garden Club (Ominsky House in NE Philly) 4:30-6 pm Pet Therapy	5	6 12-4 pm Tie Dye Party! \$60
	8 3-4 pm JCHAI Connect 4:30-6 pm Pick Your Own Project	9 6-8 pm New Hub Community Dinner + (YMCA)	10 4:45-7:30 pm Member Happy Hour Dave & Buster's \$50 for all members	11 10am-1pm Garden Club (Ominsky House in NE Philly) 4:30-6 pm Short Films & Discussion	12	13 3:30-9 pm Flyers Game! \$150 
	15 3-4 pm JCHAI Connect 4:30-6 pm Baking w/ Liane 7-8 pm Jewish Affinity Zoom	16 1-2:30 pm BuxMont Cooking, Art, & More 6-8 pm New Hub Community Dinner +	17 5:15-7:15 pm Member Happy Hour M & M Cinema	18 10am-1pm Garden Club 4:30-6 pm Pet Therapy 7:30-8:30pm Caregiver Support	19 6-9 pm JCHAI Friday Fun Night \$40	20
21	22 PASSOVER BEGINS 3-4 pm JCHAI Connect 4:30-6 pm Mindful Monday	23 6-8 pm New Hub Community Dinner + (Historical Society)	24 4:45-7:30 pm Member Happy Hour Bowling \$45 for all members	25 10am-1pm Garden Club (Ominsky House in NE Philly) 4:30-6 pm Pick Your Own Project	26	27 10:30am- 3pm Franklin Institute \$80
28 JCHAI PARTNER PROGRAM Social Circle RAP Groups	29 3-4 pm JCHAI Connect 4:30-6 pm Short Films & Discussion	30 1-2:30 pm BuxMont Cooking, Art, & More	Curious about JCHAI Offerings for Neurodiverse Adults? Contact our Director of Community Engagement Dr. Beth Rosenwasser BethRosenwasser@jchai.org / 215-498-1270 We offer supported independent living, professional 1:1 coaching & support, instructional classes, social & community engagement, and vocational internships.			Key to Color-Coded Text Black = JCHAI in Bryn Mawr Red = Virtual/online Green = Weekend activity (Location on p.2) Blue = Buxmont area (Location on calendar)

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Member Calendar Trip & Event Details

April 2024

*All cost-based programs require 1 week notice for cancellation except in cases of emergency or illness.

Saturday, April 6th, 12-4 pm: Tie Dye Party @ JCHAI Education Center Cost \$60

Join us at the Education Center for lunch and tie dye craft projects! Choose from a variety of items.

Saturday, April 13th, 3:30-9:00 pm: Philadelphia Flyers vs New Jersey Devils @ Wells Fargo Center Cost \$150

Join us as we cheer on the Flyers and hope to get a glimpse of Gritty! Section 120, rows 18 & 19.

Pick up and drop off at JCHAI's Education Center. Cost includes \$25 gift card for food or merchandise.

Wells Fargo Center does not accept cash, please remember to bring a card if you think you will need more money.

Friday, April 19th, 6-9 pm: JCHAI Friday Fun Night: Our monthly center-based gathering. Come for dinner and a movie Cost \$40

at the JCHAI Education Center. Enjoy a meal, hang out and watch a movie together with friends.

Monday, April 22nd, 4:30-6 pm: Mindful Goal-Setting with Tina

Spring is a wonderful time to continue our mindful connection with nature. We will take a nature walk, practice our breath work, and learn the number one tool for calming our bodies when they need it!

Saturday, April 27th, 10:30 am– 3 pm: Art of the Brick @ Franklin Institute Cost \$80

We will see the world's largest display of LEGO art ever featuring re-imagined famous masterpieces like Van Gogh's Starry Night.

Pick up and drop off at JCHAI's Education Center. Lunch will be provided.

Thursdays, 10am– 1pm: Garden Club at JCHAI's Ominsky House in NE Philadelphia. Come learn all about indoor and outdoor gardening. Members will plant and care for garden plots and flower pots. Lunch included. If interested, contact us for details and garden address.

Short Films & Discussion — Join us as we watch short films about friendship. We will follow each video with a discussion about what we watched and how we relate to the videos.

Please register at least one week in advance.

All cost-based programs require 1 week notice for cancellation; except cases of emergency or illness.

JCHAI Member Programs

Questions or additional information?

Kathryn Adams, MSW

KAdams@jchai.org / 215-498-6510

Learn More at www.jchai.org

HAMANTASH BAKE

Please join us for a pizza and salad dinner from Shalom Pizza, friendship, and making delicious hamantashen! All food will be Kosher. Gluten free options available upon request.



\$40 per person



JCHAI members: Please meet at JCHAI's Education Center for pick up at 5:45 PM. Drop off will be at 8:15 PM.



Community members who wish to join us can call the AADD Office at (215) 886-7770.



WEDNESDAY, MARCH 20



5:45 PM – 8:15 PM



ROHR CENTER *for JEWISH LIFE*
BRYN MAWR × HAVERFORD × SWARTHMORE

780 COLLEGE AVE, HAVERFORD, PA 19041



Jewish Federation
of Greater Philadelphia
NextGen

PURIM BRUNCH

and Mishloach Manot Activity

SUNDAY, MARCH 24



11 AM – 1 PM

Join JCHAI and NextGen for a fun-filled day!
Learn about Purim, enjoy a bagel brunch,
and create Mishloach Manot (Purim baskets)
to distribute to local Jewish seniors.

@ JCHAI Education Center

274 S BRYN MAWR AVE, BRYN MAWR, PA 19010



JCHAI's Monthly Drop-In Support For Parents & Other Caregivers

Join us for our free, virtual support group for family caregivers of neurodiverse adults. You do not need to be a JCHAI family or intend to be one — all caregivers of neurodiverse people 17+ are welcome!

This is drop-in, come as you are! Gently facilitated by JCHAI's Dr. Beth Rosenwasser. She ends with a 10-minute mindful meditation to leave us in a positive place. The link changes some months to prevent zoom-bombing. To get new links or reminders, email BethRosenwasser@jchai.org to join the list, or check the CAREGIVER button at www.jchai.org/events.

Thursdays, 7:30-8:30 PM ET: Jan 18, Feb 15, Mar 14, Apr 18, May 9



Zoom Link: <http://bit.ly/3SIJThJ>



274 S Bryn Mawr Ave
Bryn Mawr, PA 19010
JCHAI.org



**Neurodiversity
Consultants LLC**

6810 Emlen St
Philadelphia, PA 19119
(215) 356-8418

NeurodiversityConsultants.com

Social Circle Rap Groups (Free & In-Person — Light Snacks Served)

Neurodiverse Adults (ages 18+): Get together to chat, chill, meet others, learn about resources, and share what's going on. This is facilitated by a licensed professional.

Family Caregivers (of neurodiverse adults ages 18+): Join other family (parents, siblings, guardians) for resources and sharing experiences. This is facilitated by a licensed professional.

Location: JCHAI's Swartz Education Center, 274 S Bryn Mawr Ave, Bryn Mawr, PA 19010
Lost? Contact Dr. Beth Rosenwasser: (215) 498-1270

Social Circle Questions? Contact Dr. Eric Mitchell: info@neurodiversityconsultants.com

Neurodiversity Consultants is available to design collaborative consultation services that can promote individual and systemic supports for wide ranging needs, including assessment, behavioral services, special education needs, training, social skills, and more.

Sundays, 4:30-5:30 PM: Jan 21, Feb 25, Mar 24, Apr 28, Jun 9