



JCHAI's Monthly Drop-In Support For Parents & Other Caregivers

Join us for our free, virtual support group for family caregivers of neurodiverse adults. You do not need to be a JCHAI family or intend to be one — all caregivers of neurodiverse people 17+ are welcome!

This is drop-in, come as you are! Gently facilitated by JCHAI's Dr. Beth Rosenwasser. She ends with a 10-minute mindful meditation to leave us in a positive place. The link changes some months to prevent Zoom-bombing. To get new links or reminders, email BethRosenwasser@jchai.org to join the list, or download the calendar at jchai.org/events.

Thursdays, 7:30-8:30 PM ET: Aug 22, Sept 12, Oct 10, Nov 21



Zoom Link: <https://bit.ly/4fuDVVc>



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JCHAI.org



**Neurodiversity
Consultants LLC**

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Social Circle Rap Groups (Free & In-Person — Light Snacks Served)

Neurodiverse Adults (ages 18+): Get together to chat, chill, meet others, learn about resources, and share what's going on. This is facilitated by a licensed professional.

Family Caregivers (of neurodiverse adults ages 18+): Join other family (parents, siblings, guardians) for resources and sharing experiences. This is facilitated by a licensed professional.

Location: JCHAI's Swartz Education Center, 274 S Bryn Mawr Ave, Bryn Mawr, PA 19010
Lost? Contact Dr. Beth Rosenwasser at **(215) 498-1270**

Social Circle Questions? Contact Dr. Eric Mitchell: info@neurodiversityconsultants.com

Neurodiversity Consultants is available to design collaborative consultation services that can promote individual and systemic supports for wide ranging needs, including assessment, behavioral services, special education needs, training, social skills, and more.

Sundays, 4:30-5:30 PM: Sept 15 (*Get Ready for Fall*),
Nov 10 (*Managing for Happy Holidays*)