




# Member Calendar

## August 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Curious about JCHAI Offerings for Neurodiverse Adults?</b> Contact our Director of Community Engagement <b>Dr. Beth Rosenwasser</b> <a href="mailto:BethRosenwasser@jchai.org">BethRosenwasser@jchai.org</a> / 215-498-1270</p> <p>We offer supported independent living, professional 1:1 coaching &amp; support, instructional classes, social &amp; community engagement, and career success internships.</p>				<p>1</p> <p>5—8:30 pm Rose Tree Park Concert <b>\$40 for all members</b></p>	<p>2</p> 	<p>If no price is listed on calendar, weekday in-person classes are \$40/class or \$30 if eligible for discount.</p> <p><b>Discount Rate of \$30/class applies if:</b></p> <ul style="list-style-type: none"> <li>- Register for 4 or more classes per month</li> <li>- Receive 4 or more 1:1 service hours/week</li> <li>- Live in JCHAI Supported Apartments</li> </ul> <p><b>Weekday Activities</b> <b>Black:</b> meet at JCHAI Bryn Mawr <b>Blue:</b> location on calendar</p> <p><b>Weekend Programs</b> Pricing as indicated Meet at JCHAI Bryn Mawr</p> <p><b>Virtual By Zoom</b> Connect: \$10/week Affinity/Caregiver: Free</p>
<p>4</p>	<p>5</p> <p>3-4 pm JCHAI Connect</p> <p>4:30-6 pm Cooking w/ Laura</p>	<p>6</p> <p>1-2:30 pm BuxMont Cooking &amp; More (Regency Towers Apts)</p> <p>6-8 pm D-Hub Community Dinner + <b>\$50 (Doylestown Hist Socy)</b></p>	<p>7</p> <p>9:30—5:15 pm <b>Trenton Thunder Game</b> \$95</p> <p>5:15-7:15 pm Member Happy Hour <b>Cooking w/ Byron</b></p>	<p>8</p> <p>10am-1pm <b>Garden Club</b> (Ominsky House in NE Philly)</p> <p>4:30-6 pm Main Line Art: Flow with Acrylics</p>		
<p>11</p> <p>9 am—2:30 pm JRA Volunteering <b>\$65</b></p>	<p>12</p> <p>3-4 pm JCHAI Connect</p> <p>4:30-6 pm Cooking w/ Laura</p>	<p>13</p> <p>6-8 pm D-Hub Community Dinner + (Doylestown Historical Society) <b>\$50</b></p>	<p>14</p> <p>4:45 - 7:30 pm Member Happy Hour <b>Dave &amp; Buster's</b> <b>\$50 for all members</b></p>	<p>15</p> <p>4:30-6 pm Technology Thursday</p>	<p>16</p>	
<p>18</p> <p>12—6 pm The Fantasticks <b>\$120</b></p> 	<p>19</p> <p>3-4 pm JCHAI Connect</p> <p>4:30-6 pm IMPROV</p>	<p>20</p> <p>1-2:30 pm BuxMont Cooking, Art, &amp; More (Regency Towers Apts)</p>	<p>21</p> <p>5:15-7:15 pm Member Happy Hour <b>M &amp; M Cinema</b></p>	<p>22</p> <p>10am-1pm <b>Garden Club</b> (Ominsky House in NE Philly)</p> <p>4:30-6 pm Exercise Class with EmpowerU</p> <p>Caregiver Support Zoom</p>	<p>23</p> <p>6-9pm Friday Fun Night <b>\$40</b></p>	
<p>25</p>	<p>26</p> <p>3-4 pm JCHAI Connect</p> <p>4:30-6 pm Exercise Class with EmpowerU</p>	<p>27</p>	<p>28</p> <p>4:45 - 7:30 pm Member Happy Hour <b>Bowling</b> <b>\$45 for all members</b></p> <p>6-8 pm Doylestown D-Hub Community Outing <b>\$50 (concert)</b></p>	<p>29</p> <p>4:30-6 pm Clip Board Art Project</p>	<p>30</p>	<p>31</p>



# Member Calendar Trip & Event Details

## August 2024

\*All cost-based programs require 1 week notice for cancellation except in cases of emergency or

**Wednesday August 7th, 9:30 am—5:15 pm:** Trenton Thunder vs Mahoning Valley Scrappers Cost: \$95

JCHAI & AADD will enjoy an all-you-can-eat picnic buffet while watching the Trenton Thunder take on the Mahoning Valley Scrappers. Be sure to bring a hat, sunscreen.. The venue is cashless, so members who plan to make purchases need to bring credit/debit cards or activated gift cards. Pick up and drop off at JCHAI's Education Center.

**Thursday August 8th, 4:30—6:00 pm:** Welcome to the enchanting world of flowing art! This workshop will explore the mesmerizing beauty of fluid acrylic. Discover the fascinating yet simple techniques used to create stunning abstract masterpieces with captivating color combinations. Activity is at JCHAI Education Center.

**Sunday, August 11th, 9:00 am—2:30 pm:** Volunteering at Jewish Relief Agency and Lunch Cost \$65

Join us at the Jewish Relief Agency to pack nutritious kosher food and household items for low-income individuals across Philadelphia. When we are done, we will have lunch at Chickie's & Pete's . Pick up and drop off at JCHAI's Education Center.

**Sunday, August 18th, 12—6 pm:** The Fantasticks @ Candlelight Dinner Theatre Cost \$120

Come join us for a delicious lunch and a wonderful show that will take us on a magical journey that is part fairy tale and part fable. Pick up and drop off at JCHAI's Education Center.

**Friday, August 25th, 6-9 pm:** JCHAI Friday Fun Night: Our monthly center-based gathering. Come for dinner and a karaoke Cost \$40  
at the JCHAI Education Center. Enjoy a meal, hang out and showcase your talent with friends.

**Technology Thursday:** During this class we are going to be teaching the basics of different ways to use your cellphone. We can show you a variety of useful tips, including setting a medication reminder, adding an appointment to your calendar, and adding new contacts to your phone. Feel free to come with any questions or skills you would like to be taught. Activity is at JCHAI Education Center.

**Please register at least one week in advance.**

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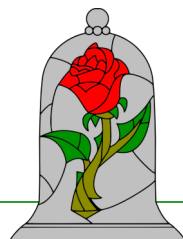
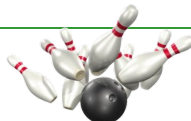
**JCHAI Member Programs**  
Questions or additional information?  
**Kathryn Adams, MSW**  
KAdams@jchai.org / 215-498-6510

Learn More at [www.jchai.org](http://www.jchai.org)

# Member Calendar

## September 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2  LABOR DAY OFFICE CLOSED	3  1-2:30 pm BuxMont Fun with EmpowerU (Regency Towers)	4  5:15-7:15 pm Member Happy Hour BBQ w/ Byron	5  4:30-6 pm EmpowerU Fitness	6	7 
8	9  3-4 pm JCHAI Connect  4:30-6 pm Mindful Monday	10  6-8 pm DHUB Community Dinner+ (Doylestown) \$50	11  4:45 - 7:30 pm Member Happy Hour Dave & Buster's \$50 for all members	12  10am-12pm Garden Club (Ominsky House in NE Philly)  4:30-6 pm Pet Therapy Caregiver Support Zoom	13	14  Beauty & the Beast 11:30 am—7 pm \$115
15  JCHAI PARTNER PROGRAM Social Circle RAP Groups	16  3-4 pm JCHAI Connect  4:30-6 pm Cooking w/ Keri	17  1-2:30 pm BuxMont Cooking, Art, & More (Regency Towers)  6-8 pm DHUB Community Dinner+ \$50	18  5:15-7:15 pm Member Happy Hour Challah Bake	19  4:30-6 pm Main Line Art Monoprinting	20  6—9 pm Friday Fun Night \$40	<div><p>If no price is listed on calendar, weekday in-person classes are \$40/class or \$30 if eligible for discount. Discount Rate of \$30/class applies if:</p><ul style="list-style-type: none"><li>-Register for 4 or more classes per month</li><li>- Receive 4 or more 1:1 service hours/week</li><li>- Live in JCHAI Supported Apartments</li></ul><p><b>Weekday Activities:</b> Black: JCHAI Bryn Mawr Blue: location on calendar <u>Weekend Programs</u> Pricing as indicated <u>Virtual By Zoom</u> Connect: \$10/week Affinity/Caregiver: Free</p></div>
22	23  3-4 pm JCHAI Connect  4:30-6 pm IMPROV	24  6-8 pm DHUB Community Dinner+ (Doylestown) \$50	25   4:45 - 7:30 pm Member Happy Hour Bowling \$45 for all members	26  10am-12pm Garden Club (Ominsky House in NE Philly)  4:30-6 pm Pet Therapy	27	
29  Eagles Tailgate 12:30—5 pm \$55 	30  3-4 pm JCHAI Connect  4:30-6 pm EmpowerU Fitness		<div><p>Curious about JCHAI Offerings for Neurodiverse Adults? Contact our Director of Community Engagement Dr. Beth Rosenwasser BethRosenwasser@jchai.org / 215-498-1270</p><p>We offer supported independent living, professional 1:1 coaching &amp; support, instructional classes, social &amp; community engagement, and career success internships.</p></div>			

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**Saturday, September 14th, 11:30-7 pm:** Beauty & the Beast @ Music Mountain Theatre

Cost \$115

Join us for lunch, then enjoy a tale as old as time as you step into the enchanted world of Beauty and the Beast.

Drop off and pick up at the Education Center.

**Friday, September 20th, 6-9 pm:** JCHAI Friday Fun Night: Our monthly center-based gathering. Come for dinner and

Cost \$40

karaoke at the JCHAI Education Center. Enjoy a meal, hang out, and spend time with friends.

**Sunday, September 29th, 12:30-5:00 pm:** Eagles Watch Party @ JCHAI Education Center

Cost \$55

Join us as we watch the Philadelphia Eagles take on the Tampa Bay Buccaneers.

Come dressed in your Eagles attire, or show your support by wearing anything green!

Drop off and pick up at the Education Center. Lunch will be provided.

**Mindful Mondays:** Let's talk relationships! We will look at our beliefs that we hold onto about ourselves, and also look at how we can bring mindfulness to our relationships with ourselves and others.

**Main Line Art:** Monoprinting is a type of printmaking made by drawing or painting on a smooth, non-absorbent surface.

The image created is then transferred onto a sheet of paper by pressing the two together. We will use acrylic paints and a variety of simple tools to create unique, abstract pieces.

**Wednesday Happy Hours:**

**9/4— BBQ with Byron.** Enjoy a grilled dinner and learn about grill safety and maintenance.

**9/18— Challah Bake.** Join us for challah braiding, dinner, and friendship. We will make a challah to keep and the rest will be donated to a local food pantry to help our neighbors who are experiencing food insecurity.

**Please register at least one week in advance.**

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**JCHAI Member Programs**

Questions or additional information?

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