

Member Calendar September 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 LABOR DAY OFFICE CLOSED	3 1-2:30 pm BuxMont Fun with EmpowerU (Regency Towers)	5:15-7:15 pm Member Happy Hour BBQ w/ Byron	5 4:30-6 pm EmpowerU Fitness	6	7
8	9 3-4 pm JCHAI Connect 4:30-6 pm Mindful Monday	6-8 pm DHUB Community Dinner+ (Doylestown) \$50	4:45 - 7:30 pm Member Happy Hour Dave & Buster's \$50 for all members	12 10am-12pm Garden Club (Ominsky House in NE Philly) 4:30-6 pm Pet Therapy Caregiver Support Zoom	13	Beauty & the Beast 11:30 am—7 pm \$115
JCHAI PARTNER PROGRAM Social Circle RAP Groups	3-4 pm JCHAl Connect 4:30-6 pm Cooking w/ Keri	17 1-2:30 pm BuxMont Cooking, Art, & More (Regency Towers) 6-8 pm DHUB Community Dinner+ \$50	18 5:15-7:15 pm Member Happy Hour Challah Bake	4:30-6 pm Main Line Art Monoprinting	20 6—9 pm Friday Fun Night \$40	If no price is listed on calendar, weekday in-person classes are \$40/class or \$30 if
22	3-4 pm JCHAI Connect 4:30-6 pm IMPROV	6-8 pm DHUB Community Dinner+ (Doylestown) \$50	4:45 - 7:30 pm Member Happy Hour Bowling \$45 for all members	26 10am-12pm Garden Club (Ominsky House in NE Philly) 4:30-6 pm Pet Therapy	27	eligible for discount. Discount Rate of \$30/class applies if: -Register for 4 or more classes per month - Receive 4 or more 1:1 service hours/week - Live in JCHAI Supported Apartments
Eagles Tailgate 12:30—5 pm \$55	30 3-4 pm JCHAI Connect 4:30-6 pm EmpowerU Fitness		Curious about JCh Contact our BethRose We offer supported ind instructional classes, social 8	Weekday Activities: Black: JCHAI Bryn Mawr Blue: location on calendar Weekend Programs Pricing as indicated Virtual By Zoom Connect: \$10/week Affinity/Caregiver: Free		

Learn More About Membership at www.jchai.org



Member Calendar Trip & Event Details September 2024

*All cost-based programs require 1 week notice for cancellation except in cases of emergency or illness.

Saturday, September 14th, 11:30-7 pm: Beauty & the Beast @ Music Mountain Theatre

Cost \$115

Join us for lunch, then enjoy a tale as old as time as you step into the enchanted world of Beauty and the Beast.

Drop off and pick up at the Education Center.

Friday, September 20th, 6-9 pm: JCHAI Friday Fun Night: Our monthly center-based gathering. Come for dinner and

Cost \$40

karaoke at the JCHAI Education Center. Enjoy a meal, hang out, and spend time with friends.

Sunday, September 29th, 12:30-5:00 pm: Eagles Watch Party @ JCHAI Education Center

Cost \$55

Join us as we watch the Philadelphia Eagles take on the Tampa Bay Buccaneers.

Come dressed in your Eagles attire, or show your support by wearing anything green!

Drop off and pick up at the Education Center. Lunch will be provided.

Mindful Mondays: Let's talk relationships! We will look at our beliefs that we hold onto about ourselves, and also look at how we can bring mindfulness to our relationships with ourselves and others.

Main Line Art: Monoprinting is a type of printmaking made by drawing or painting on a smooth, non-absorbent surface.

The image created is then transferred onto a sheet of paper by pressing the two together. We will use acrylic paints and a variety of simple tools to create unique, abstract pieces .

Wednesday Happy Hours:

9/4—BBQ with Byron. Enjoy a grilled dinner and learn about grill safety and maintenance.
9/18—Challah Bake. Join us for challah braiding, dinner, and friendship. We will make a challah to keep and the rest will be donated to a local food pantry to help our neighbors who are experiencing food insecurity.

Please register at least one week in advance.

All cost-based programs require 1 week notice for cancellation; except cases of emergency or illness.

JCHAI Member Programs

Questions or additional information?

Kathryn Adams, MSW

KAdams@jchai.org/215-498-6510

Learn More at www.jchai.org



Member Calendar October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
If no price is listed on calendar, weekday in-person classes are \$40/class or \$30 if eligible for discount. Discount Rate of \$30/class applies if: -Register for 4 or more		I 4:30-6 pm BuxMont Cooking, Art, & More (Regency Towers)	2 EREV ROSH HASHANAH 5:15-7:15 pm Member Happy Hour Cooking w/ Chef B	ROSH HASHANAH 4:30-6 pm Cooking w/ Grace	4	5 FALL FEST 1—4 pm \$50	
classes per month - Receive 4 or more 1:1 service hours/week - Live in JCHAI Supported Apartments Weekday Activities: Black: JCHAI Bryn Mawr Blue: location on calendar	3-4 pm JCHAI Connect 4:30-6 Robotics (1 of 5)	6-8 pm DHUB Community Dinner+ (Doylestown) \$50	9 4:45-7:30 pm Member Happy Hour Dave & Busters \$50 for all members	4:30-6 pm Pet Therapy	EREV YOM KIPPUR	YOM KIPPUR	
Weekend Activities: Pricing as indicated Virtual By Zoom Connect: \$10/week	3-4 pm JCHAI Connect 4:30-6 Robotics (2 of 5)	15 4:30-6 pm BuxMont Cooking, Art, & More (Regency Towers) 6-8 pm DHUB Community Dinner+ \$50	5:15-7:15 pm Member Happy Hour Game Night w/ Byron	17 4:30-6 pm Main Line Art Center 4 Caregiver Support Zoom	18 6-9pm Friday Fun Night JCHAl Education Center \$40		
Eagles Watch Party JCHAI Education Center 12:30—5 pm \$55	3-4 pm JCHAI Connect 4:30-6 Robotics (3 of 5)	6-8 pm DHUB Community Dinner+ (Doylestown) \$50	5:15-7:15 pm Member Happy Hour M&M Cinema	24 4:30-6 pm Pet Therapy	Hocus Pocus	Hocus Pocus Dance 5—8 pm \$ 100	
27	28 3-4 pm JCHAI Connect 4:30-6 Robotics (4 of 5)	4:30-6 pm BuxMont Cooking, Art, & More (Regency Towers)	30 4:45-7:30 pm Member Happy Hour Bowling \$45 for all members	4:30-6 pm Member Prize Bingo	Curious about JCHAI Offerings for Neurodiverse Adults? Contact our Director of Community Engagement Dr. Beth Rosenwasser BethRosenwasser@jchai.org / 215-498-1270 We offer supported independent living, professional 1:1 coaching & support, instructional classes, social &		
		community engagement, and career success internships.					



Member Calendar Trip & Event Details October 2024

*All cost-based activities require 1 week notice for cancellation except in cases of emergency or illness.

Saturday, October 5th, 1-4 pm: Fall Fest @ JCHAI Education Center

Cost \$50

Join us for a day of autumn magic at our Fall Fest! Enjoy lively music, delicious lunch, seasonal treats, fun activities, and more!

Friday, October 18 th, 6-9 pm: JCHAI Friday Fun Night: Our monthly center-based gathering.

Cost \$40

Come for dinner and Halloween themed movies at the JCHAI Education Center.

Enjoy a meal, watch some not-so-scary movies, and hang out with friends.

Sunday, October 20th, 12:30-5:00 pm: Eagles Watch Party @ JCHAI Education Center

Cost \$55

Join us as we watch the Philadelphia Eagles take on the New York Giants.

Come dressed in your Eagles attire, or show your support by wearing anything green!

Drop off and pick up at the JCHAI Education Center. Lunch will be provided.

Saturday, October 26th, 5-8 pm: Hocus Pocus Dance @ Drexelbrook

Cost \$100 Don't miss out on the magic! Join our Hocus Pocus costume dance party—dine, dance, and bring a

guest for a magical evening at Drexelbrook Catering (4700 Drexelbrook Dr., Drexel Hill, PA 19026). Registrations are set at \$100 per person. The dance is scheduled from 5:00 pm to 8:00 pm. The

bus will leave JCHAI Education Center at 4:30pm and will return to JCHAI at 8:30 pm.

Mondays, 4:30-6 pm: Robotics with DAWGMA Robotics Team @ JCHAI Education Center Come join Lower Merion High School's DAWGMA Robotics Team as we learn how to build and work with robots and help with this year's national robotics competition. We'll explore robots in the real world, the engineering design process, and basic AI concepts. Don't miss out on this great opportunity as we help create a robot that can pick up and stack cubes!

Please register at least one week in advance.

All cost-based activities require 1 week notice for cancellation; except cases of emergency or illness.

JCHAI Member Programs

Questions or additional information?

Daisy Saldivar

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Learn More at www.jchai.org