

About JCHAI

JCHAI inspires and empowers adults with developmental differences or disabilities to imagine and fulfill their life aspirations and be valued contributors in the community.

We accomplish this through a comprehensive range of organizational services, tailored to meet the unique needs of each individual.



Community Education & Outreach

- JCHAI's Fall 2024 Open House: Tuesday, October 22, 2024 (7:00 8:15 PM)
 A unique, virtual opportunity to meet JCHAI membership leaders, parents, our executive director, and program directors. Registration required (link below).
- Caregiver Support: Free, virtual support group for family caregivers of neurodiverse adults 17+. You do not need to be a JCHAI family to join us!
- **Social Circle:** Free, **in-person** group for neurodiverse adults 18+ to chat, chill, meet others, learn about resources, and share. Facilitated by licensed professionals.
- Stay tuned for another upcoming event in the fall!

Click here for more info about upcoming community events: <u>bit.ly/4cnFQlu</u> Click here to register for Fall 2024 Open House (over Zoom):

bit.ly/4cojUwM

Life With JCHAI

NAVIGATION SERVICES

JCHAI's collaborative navigation results in plans tailored to each member's specific needs and aspirations.

1:1 Coaching

Regardless of where our members live – whether independently or at home – experienced JCHAI professionals collaboratively design and teach targeted strategies for social, educational, vocational, and supported independent living goals.

Curriculum-Based Classes



JCHAI offers a wide range of classes to help members develop skills in a fun, safe, and supportive environment. Subjects include wellness, social and career success, independent living, self-advocacy, and more. Classes take place in-person, virtually, or in hybrid models.

Intentional Group Gatherings





JCHAI works hard to customize member gatherings where individuals can build peer relationships with common goals and interests. Gatherings are always fun and inspiring for our members, and strengthen their social connections.

Socials, Trips, and Outings





Whether we're enjoying events across the Philadelphia region or at one of our HUB centers, there's always something fun happening at JCHAI. Our members, alongside JCHAI support staff, enjoy sports games, dinners, trips to the theater, holiday celebrations, and other entertaining nights out.

JCHAI programs and services begin with membership. To learn more, please contact Dr. Beth Rosenwasser, Director of Community Engagement and Curriculum Design:





