



Thursday, December 19th 7:00 to 8:00 PM ET Zoom Link: Click <u>HERE</u> to access the link. CHRISTIAN AFFINITY GROUP

**DECEMBER PROGRAM** 

Free, Zoom-based program for Christian spiritual connection. Curriculum developed and led by JCHAI Staff and Members. No need to pre-register. All are welcome!

In this season of Advent, where we celebrate the birth of Christ, come join us virtually for a time of praise and reflection. We will be singing carols and remembering the faith of Mary and Joseph as they journeyed to Bethlehem towards the miraculous birth of Jesus!

**Questions? Contact programs@JCHAI.org** 



Free, Zoom-based program for Jewish spiritual connection. Curriculum developed and led by JCHAI Staff and Members. No need to pre-register. All are welcome!

Join us for an enriching and interactive Jewish Affinity program as we come together to explore the vibrant celebration of Chanukah – the Festival of Lights. Whether you're new to the holiday or seeking to deepen your connection, this program offers something for everyone!

Questions? Contact programs@JCHAI.org



## JCHAI's Monthly Drop-In Support For Parents & Other Caregivers

Join us for our free, virtual support group for family caregivers of neurodiverse adults. You do not need to be a JCHAI family or intend to be one — all caregivers of neurodiverse people 17+ are welcome!

This is drop-in, come as you are! Gently facilitated by JCHAI's Dr. Beth Rosenwasser. She ends with a 10-minute mindful meditation to leave us in a positive place. The link changes some months to prevent Zoom-bombing. To get new links or reminders, email **BethRosenwasser@jchai.org** to join the list, or download the calendar at jchai.org/events.

## Thursdays, 7:30-8:30 PM ET: Nov 21, Dec 19, Jan 16, Feb 6



Zoom Link: https://bit.ly/4fuDVVc



274 S Bryn Mawr Ave Bryn Mawr, PA 19010 (610) 922-2480 **JCHAI.org** 



## Neurodiversity Consultants LLC

6810 Emlen St Philadelphia, PA 19119 (215) 356-8418 NeurodiversityConsultants.com

## Social Circle Rap Groups (Free & In-Person — Light Snacks Served)

Neurodiverse Adults (ages 18+): Get together to chat, chill, meet others, learn about resources, and share what's going on. This is facilitated by a licensed professional. Family Caregivers (of neurodiverse adults ages 18+): Join other family (parents, siblings, guardians) for resources and sharing experiences. This is facilitated by a licensed professional. Location: JCHAI's Swartz Education Center, 274 S Bryn Mawr Ave, Bryn Mawr, PA 19010 Lost? Contact Dr. Beth Rosenwasser at (215) 498-1270

**Social Circle Questions?** Contact Dr. Eric Mitchell: **info@neurodiversityconsultants.com** Neurodiversity Consultants is available to design collaborative consultation services that can promote individual and systemic supports for wide ranging needs, including assessment, behavioral services, special education needs, training, social skills, and more.

Select Sundays, 4:30-5:30 PM Feb 16th (Spring Forward) and May 4 (*Successful Summers*)