



Sun Mon Tue Wed Thu Fri Sat

1 	2 3-4 pm JCHAI Connect Andi's Wheel of Fortune 4:30-6 pm Mindful Monday Cafe	3 4:30-6 pm BuxMont Cooking, Art, & More (Regency Towers) 6-8 pm DHUB Community Dinner+ (Doylestown) \$50	4 4:45-7:30 pm Member Happy Hour Relationships 101	5 4:30-6 pm Pet Therapy 4:30-5:30 pm Cooking in the Kitchen with KI (Joint w/ AADD)	6	7 12-3:00 pm Wicked Movie Tavern Flourown \$75 (Joint w/ AADD)
8 12:30-5 pm Eagles Watch Party \$55 Friendship Circle Chanukah Dinner	9 3-4 pm JCHAI Connect Life lessons w/ Byron 4:30-6 pm Cooking w/ Keri	10 6-8 pm DHUB Community Dinner+ (Doylestown) \$50	11 4:45-7:30 pm Member Happy Hour M&M Cinema	12 4:30-6 pm Holiday Cookie Baking w/ Grace & Rachel	13 6-9pm Friday Fun Night JCHAI Education Center \$40	14 3-5:00 pm DHUB A Christmas Carol Music Mountain Theatre (Doylestown) \$60
15 2-4:20 pm Peter Panto People's Light \$65	16 3-4 pm JCHAI Connect JCHAI Family Feud 4:30-6 pm DIY Holiday Creations	17 4:30-6 pm BuxMont Cooking, Art, & More (Regency Towers) 6-8 pm DHUB Community Dinner+ (Doylestown) \$50	18 5:15-7:15 pm Member Happy Hour Bowling \$45 for all members	19 4:30-6 pm Main Line Art Center: Paper Marbling 7-8 pm Christian Affinity Program		21 12-3pm Snow Ball Dance Green Valley Country Club \$100
22 7-8 pm Jewish Affinity Program	23 3-4 pm JCHAI Connect Celebration of Holidays in December 4:30-6 pm Mindful Monday	24 Christmas Eve 	25 Christmas Chanukah Begins 	26 Kwanzaa Begins 4:30-6 pm Holiday Games & Karaoke	27 	<p>Weekday in-person classes are \$40/class or \$30 if eligible for discount. Discount Rate of \$30/class applies if:</p> <ul style="list-style-type: none"> - Register for 4 or more classes per month - Receive 4 or more 1:1 service hours/week - Live in JCHAI Supported Apartments <p>Weekday Activities: Black: JCHAI Bryn Mawr Blue: location on calendar</p> <p>Weekend Activities: Green: Pricing as indicated Orange: Joint w/ AADD</p> <p>Virtual By Zoom Connect: \$10/week Affinity/Caregiver: Free</p>
29 	30 3-4 pm JCHAI Connect New Year's Resolutions	31 NEW YEAR'S EVE 	<p>Member Questions about the Calendar? Email: programs@jchai.org Call: 610-922-2480</p> <p>Want to Learn More about joining JCHAI? Visit our website: https://jchai.org/become-a-member Email: questions@jchai.org Call: 610-922-2480 Supported Independent Living Professional 1:1 Coaching Instructional Classes Social & Community Engagement Career Development</p>			



Member Calendar Trip & Event Details

December 2024

All activity registrations are due by the 15th day of the month (Registration Deadline: Friday, November 15th**).

**Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.

Doylestown Weekend Activities

Saturday, December 14th, 3-5:00 pm: A Christmas Carol @ Music Mountain Theatre

Cost \$60

Scrooge is a prosperous curmudgeon who believes that personal wealth is far more valuable than happiness. But, on Christmas Eve, he is forced to face his selfish ways when three ghosts lead him through his Past, Present, and Future. This spectacular musical adaptation of Dickens' most well-known story proved its staying power with a decade-long run at Madison Square Garden. Meet up and pick up will be at the Music Mountain Theatre (1483 NJ-179, Lambertville, NJ 08530). We will meet at 2:30pm and pick up will be at 5:00 pm.

JCHAI Education Center Activities

Mindful Mondays:

⇒ **Monday, December 2nd, 4:30-6 pm: Mindful Monday**

Cost \$40

Holidays are fun! But can sometimes add extra stress. Join us for a conversation about self-care and caring for others during the holiday season while enjoying a cup of coffee at the cafe. From Thanksgiving to New Years, let's practice mindfulness for smooth sailing through the holiday!

⇒ **Monday, December 23rd, 4:30-6 pm: Mindful Monday**

Cost \$40

Just like exercise helps our brain too, using our bodies can help when we want to exercise our brain with rational thoughts. This Mindful Monday we will use our bodies and minds to learn new thinking habits.

Sunday, December 8th, 12:30-5:00 pm: Eagles Watch Party

Cost \$55

Join us as we watch the Philadelphia Eagles take on the Carolina Panthers. Come dressed in your Eagles attire, or show your support by wearing anything green! Drop off and pick up at the JCHAI Education Center. Lunch will be provided.

Friday, December 13th, 6-9 pm: JCHAI Friday Fun Night: Holiday Party

Cost \$40

Kick off the holiday spirit at our next monthly center-based gathering—where laughter, joy, and festive cheer come together!

Friday, December 19th, 4:30-6 pm: Main Line Art Center: Paper Marbling

Cost \$40

Come learn the art of paper marbling in this hands-on workshop, where you will create your own unique decorative paper designs. Learn the history of paper marbling and a simple technique for creating these unique works of art at our hands-on paper marbling workshop at the JCHAI Education Center.

These make great holiday cards! Dress for mess — aprons will be provided.

Learn More at www.jchai.org



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Off-Site Activities

Saturday, December 7th, 12-3:00 pm: Wicked @ Movie Tavern Flourtown

Cost \$75

We are all excited to see the first Wicked movie musical (that's right, the second will come out next year!) at the Movie Tavern (1844 Bethlehem Pike —Flourtown, PA 19031). Misunderstood because of her green skin, a young woman named Elphaba forges an unlikely but profound friendship with Galinda, a student with an unflinching desire for popularity. After an encounter with the Wizard of Oz, their lives begin to take very different paths. We will meet and depart from the JCHAI Education Center promptly at 11:30 am. We will return to JCHAI at approximately 3:30 pm. Lunch will be provided.

Bring extra money for snacks.

Sunday, December 15th, 2-4:20 pm: Peter Panto @ People's Light

Cost \$65

Explore the whimsical world of Peter Pan, Tinkerbell, and Captain Hook! People's Light continues its winter holiday tradition with a cast of Lost Boys, pirates, fairies, and a trio of card-playing dogs. Meanwhile, a TikTok-famous croc is on the loose, hunting down dance moves, followers, and Captain Hook's right hand. Cheer the heroes, boo the villains, clap, and sing while eating all the Swedish Fish you can catch. The show is scheduled from 12:00 pm to approximately 4:20 pm. We will meet and depart from the JCHAI Education Center promptly at 1:30 pm and will return around 5:00 pm.

Bring extra money for snacks.

Saturday, December 21, 12-3 pm: Snow Ball Dance @ Green Valley Country Club

Cost \$100

It's time to dust off those dancing shoes! Wear your fancy clothes — or maybe a favorite holiday outfit — and party with your friends to celebrate all the December holidays. Enjoy a delicious luncheon at the Green Valley Country Club (201 Ridge Pike, Lafayette Hill, PA 19444) and dance the afternoon away. Don't forget, you may register a guest for the dance. The dance is scheduled from 12:00 PM to 3:00 PM. The bus will leave JCHAI Education Center at 11:30 AM and will return around 3:45 PM.

Community Events

Thursday, December 5th, 4:30-5:30pm: Cooking in the Kitchen with KI

Monthly volunteer sessions held at Keneseth Israel. AADD, JCHAI, and KI members come together to bake a delicious, signature dessert to be served at an Oneg Shabbat or a Hamotzi Dinner at KI. Please RSVP to Rachel Kaufman at RKaufman@AADDPA.org. Suggested donations: \$10.

Learn More at www.jchai.org



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Weekday Activities: Black: JCHAI Bryn Mawr Blue: Location on calendar Orange: Joint w/ AADD</p> <p>Weekend Activities: Pricing as indicated</p> <p>Virtual By Zoom</p>						
	<p>6 3-4 pm JCHAI Connect New Year, New You?</p> <p>4:30-6 pm Mindful Monday Journaling</p>	<p>7 6-8 pm DHUB Community Dinner+ (Doylestown) \$50</p>	<p>8 4:30-7:30 pm Member Happy Hour Dave & Busters \$55 for all members</p>	<p>9 4:30-6 pm Pet Therapy</p>		<p>11 6-9 pm DHUB Saturday Fun Night St. Mary's Hall \$50 (Doylestown)</p>
<p>12 1-4:45 pm Tennis & Fun w/ Cara & Tessa Germantown Cricket Club \$35</p>	<p>13 3-4 pm JCHAI Connect Life Lessons w/ Byron</p> <p>4:30-6 pm Cooking w/ Keri</p>	<p>14 4:30-6 pm BuxMont Cooking, Art, & More (Regency Towers)</p> <p>6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>15 5:00-8:00 pm Member Happy Hour Donut Making \$35 for all members</p>	<p>16 4:30-6 pm Needlepoint & Bookmarks w/ Judy W.</p> <p>Caregiver Support Zoom In the Kitchen at KI</p>	<p>17 6-9pm Friday Fun Night JCHAI Education Center \$40</p>	
<p>19 *Possible Eagles Playoff Watch Party*</p>	<p>20 3-4 pm JCHAI Connect JCHAI Family Feud</p> <p>4:30-6 pm IMPROV w/ Shea</p> <p>MLK Day of Service</p>	<p>21 6-8 pm DHUB Community Dinner+ (Doylestown) \$50</p>	<p>22 4:45-7:30 pm Member Happy Hour Bowling \$50 for all members</p>	<p>23 4:30-6 pm Main Line Art Center Air Dry Clay Mosaic Tiles</p>		<p>25</p>
<p>26 12:15-6:15 pm Something Rotten Candlelight Theatre \$125</p>	<p>27 3-4 pm JCHAI Connect Member Advisory Committee Meeting</p> <p>4:30-6 pm Empower U</p>	<p>28 4:30-6 pm BuxMont Cooking, Art, & More (Regency Towers)</p>	<p>29 5:15-7:15 pm Member Happy Hour Dress for Success \$35 for all members</p>	<p>30 4:30-6 pm Pet Therapy</p>	<p>Member Questions about the Calendar? Email: programs@jchai.org Call: 610-922-2480</p> <p>Want to Learn More about joining JCHAI? Visit our website: https://jchai.org/become-a-member Email: questions@jchai.org Call: 610-922-2480 Supported Independent Living Professional 1:1 Coaching Instructional Classes Social & Community Engagement Career Development .</p>	



Member Calendar Trip & Event Details

January 2025

**All activity registrations are due by the 15th day of the month (Registration Deadline: Sunday, December 15th).

**Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.

Doylestown Weekend Activities

Saturday, January 11th, 6-9 pm: Saturday Fun Night @ St. Mary's Hall

Cost \$50

Ring in the New Year at our first DHUB Saturday Fun Night of the year at St. Mary's Hall.

JCHAI Education Center Activities

Thursday, January 2nd, 4:30-6 pm: New Year Vision Boards

Cost \$35

Design your future with a New Year Vision Board, a tool used to help you visualize your goals and dreams. It's a collage of images, words, and phrases that represent things you want to achieve or attract in your life.

Monday, January 6th, 4:30-6 pm: Mindful Monday Journaling

Cost \$35

Relax and center yourself with our mindfulness practice and learn about journaling.

Thursday, January 16th, 4:30-6 pm: Needlepoint & Bookmarks w/ Judy W.

Cost \$35

Stitch your creativity and mark your place at our first Needlepoint & Bookmarks class at the JCHAI Education Center.

Friday, January 17th, 6-9 pm: Friday Fun Night

Cost \$40

Join our monthly center-based gathering. Come for dinner and game night with friends at the JCHAI Education Center.

Sunday, January 19th, 12:30-5:00 pm: Possible Eagles Playoff Watch Party

Cost \$55

Save the Date for a possible Eagles Playoff Watch Party at the JCHAI Education Center. More information to come. Go Birds!

Thursday, January 23rd, 4:30-6 pm: Main Line Art Center: Air Dry Clay Mosaic Tiles

Cost \$35

Dive into the captivating world of mosaics with the tactile experience of air-dry clay. We will mold, shape, and create our very own mosaic-style artwork.

Monday, January 27th:

⇒ **3-4 pm: JCHAI Connect Member Advisory Committee Meeting (ZOOM)**

FREE

Would you like to become or practice being a Self-Advocate? Would you like to share your ideas for what makes JCHAI great and how we can be even better?

Join fellow JCHAI members on Zoom and discuss ideas for future programs and trips.

⇒ **4:30-6 pm: EmpowerU @ JCHAI Education Center**

Cost \$35

Ready to make 2025 a wellness year? JCHAI is partnering with the Kaiserman JCC and Avidon Health to bring you an innovative coaching solution that helps individuals manage stress, lose weight, improve sleep, eat healthy, get active — and more — to work towards achieving your goals. Come learn about this new program and find out about our first challenge!

Learn More at www.jchai.org



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JCHAI Education Center Activities

Wednesday, January 29th, 5:15-7:15 pm: Member Happy Hour Dress for Success

Cost \$35

New Year, New Connections! Please join us as we Dress for Success and welcome new members to JCHAI. We will have food and participate in skill-building activities and games.

Off-site Activities

Sunday, January 12th, 1-4:45 pm: Tennis & Fun w/ Cara and Tessa @ Germantown Cricket Club

Cost \$35

Join us as we learn Tennis, enjoy games & snacks while making new friends. We will meet at the JCHAI Education Center at 1:00 pm and will return at approximately 4:45pm.

Wednesday, January 15th, 5:00-8:00 pm: Member Happy Hour Donut Making @ Davis's House

Cost \$35

We are invited back to Davis's House to make donuts with friends. Dinner will be provided. We will meet at the JCHAI Education Center at 5:00 pm promptly and will return at 8:00 pm.

Sunday, January 26th, 12:15-6:15 pm: Something Rotten @ Candlelight Theatre

Cost \$125

Start off with a delicious and plentiful lunch and dessert at the Candlelight Theatre (2208 Millers Rd, Wilmington, DE 19810). Then watch Something Rotten — Two brothers set out to write the world's first musical in this hilarious mash-up of sixteenth-century Shakespeare and twenty-first-century Broadway. Bring extra money if you wish to purchase soda, 50/50 tickets, or the special hot fudge sundae dessert. We will leave JCHAI at 12:15 pm. Lunch begins at 1:00 pm and the show starts at 3:00 pm. We will return to JCHAI at 6:15 pm.

Community Events

Thursday, January 16th, 4:30-5:30 pm: In the Kitchen with KI

Monthly volunteer sessions held at Keneseth Israel. AADD, JCHAI, and KI members come together to bake a delicious, signature dessert to be served at an Oneg Shabbat or a Hamotzi Dinner at KI. Please RSVP to Rachel Kaufman at RKaufman@AADDPA.org. Suggested donations: \$10.

Monday, January 20th, 10:30-2:00 pm: MLK Day of Service

Join community members at the Kaiserman JCC (45 Haverford Road – Wynnewood, PA) on Monday, January 20th, for an MLK Day of Service from 10:30 to 2:00 pm. Help create Soup Jars, enjoy a chili and cornbread lunch while watching a film followed by a group exercise program. Transportation will not be provided.

Learn More at www.jchai.org