



JCHAI's Monthly Zoom Drop-In Support For Parents & Other Caregivers

Join us for our free, virtual support group for family caregivers of neurodiverse adults. You do not need to be a JCHAI family or intend to be one — all caregivers of neurodiverse people 17+ are welcome!

This is drop-in, come as you are! Gently facilitated by JCHAI's Dr. Beth Rosenwasser. She ends with a 10-minute mindful meditation to leave us in a positive place. To get new links or reminders, email BethRosenwasser@jchai.org to join the list, or view the calendar at jchai.org/events.

Current Zoom link: <https://bit.ly/4fuDVVc>

Thursdays, 7:30-8:30 PM ET:
Jan 16, Feb 6, Mar 6,
Apr 3, May 8, Jun 12

Click here or scan
QR code for more
information about
community events:



274 S Bryn Mawr Ave
Bryn Mawr, PA 19010
(610) 922-2480
JCHAI.org



**Neurodiversity
Consultants LLC**

6810 Emlen St
Philadelphia, PA 19119
(215) 356-8418

NeurodiversityConsultants.com

Social Circle Rap Groups (Free & In-Person — Light Snacks Served)

Neurodiverse Adults (ages 18+): Get together to chat, chill, meet others, learn about resources, and share what's going on. This is facilitated by a licensed professional.

Family Caregivers (of neurodiverse adults ages 18+): Join other family (parents, siblings, guardians) for resources and sharing experiences. This is facilitated by a licensed professional.

Location: JCHAI's Swartz Education Center, 274 S Bryn Mawr Ave, Bryn Mawr, PA 19010
Lost? Contact Dr. Beth Rosenwasser at **(215) 498-1270**

Social Circle Questions? Contact Dr. Eric Mitchell: info@neurodiversityconsultants.com

Neurodiversity Consultants is available to design collaborative consultation services that can promote individual and systemic supports for wide ranging needs, including assessment, behavioral services, special education needs, training, social skills, and more.

Select Sundays, 4:30-5:30 PM
Feb 16 (Spring Forward) and May 4 (*Successful Summers*)



Community Education & Outreach

Spring 2025

JCHAI's Spring 2025 Open House



Wed, Apr 2, 2025 (7:00 – 8:15 PM)

A unique, **virtual** opportunity to meet JCHAI membership leaders, parents, our executive director, and program directors.

Registration required.

Career Success: Steps on a Path to Success for Neurodiverse Adults



Thurs, Mar 20, 2025 (7:00–8:15 PM)

JCHAI's free, **virtual** panel with Q&A for neurodiverse adults and caregivers. Co-hosted by West Chester University's Dub-C Autism Program (D-CAP). **Registration required.**

This Spring: Career Collective 8-week gathering of neurodiverse adults.

Get your career moving in a collaborative friendly space on Main Line. **Email** BethRosenwasser@jchai.org if curious.

Monthly Drop-In Caregiver Support



Thursdays: Jan 16, Feb 6, Mar 6, Apr 3, May 8, Jun 12 (7:30–8:30 PM)

Free, **virtual** drop-in support group for family caregivers of neurodiverse adults 17+. You do not need to be a JCHAI family to join us!

Social Circle Rap Groups



Next Up: Sun, Feb 16; Sun, May 4 (4:30–5:30 PM)

Free, **in-person** concurrent groups for: 1) Neurodiverse adults 18+ to chat, chill, & meet others; 2) Family caregivers to gain resources & support.

Facilitated by licensed professionals.

JCHAI programs and services begin with membership. To learn more, please contact Dr. Beth Rosenwasser, Director of Community Engagement & Curriculum Design:

Life With JCHAI

NAVIGATION SERVICES

JCHAI's collaborative navigation results in plans tailored to each member's specific needs and aspirations.

Our Mission

JCHAI inspires and empowers adults with developmental differences or disabilities to imagine and fulfill their life aspirations and be valued contributors in the community.

Our member-centered model of care allows us to personalize our approach, giving them the tools and support they need to follow their passions, pursue interests, and reach their goals.



1:1 Coaching

JCHAI professionals design and teach targeted strategies for social, educational, vocational, and supported independent living goals.



Curriculum-Based Classes

JCHAI members develop skills in a fun, safe, and supportive environment. Subjects include career success, self-advocacy, wellness, and more.



Intentional Group Gatherings

JCHAI helps individuals build peer relationships with common goals and interests and strengthen their social connections.



Socials, Trips, and Outings

Whether we're enjoying events across the Philadelphia region or at one of our HUB centers, there's always something fun happening at JCHAI.

Click here or scan QR code to learn more:



www.jchai.org

JCHAI DOYLESTOWN COMMUNITY HUB

Reimagining Possible for Nearly 40 Years

YOU'RE INVITED TO:

- ✓ Learn about life with JCHAI
- ✓ Meet our leadership team, including Board Chair/founder Judith Creed
- ✓ Connect with local members & families
- ✓ Explore our vibrant D-Hub programming
- ✓ Get updates on Community-Integrated Housing

PERSONALIZED MEMBER NAVIGATION SERVICES:

- Independent Living
- Career Success
- Community Engagement
- Social Connections
- 1:1 Coaching
- Small-Group Classes
- Trips and Outings
- Flexible Supported Living

HOW TO REGISTER:

Free and open to all! Registration required.
Please register by March 30.

forms.gle/8YgehoUQc1FEqeyH9



Celebrating 30 Years of Supported Apartment Innovation