

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Program Locations</p> <p>Black: Bryn Mawr</p> <p>Blue: BuxMont</p> <p>Green: Doylestown</p> <p>Red: Zoom (FREE)</p> <p>Purple: Joint AADD & JCHAI Programs</p> <p>Orange: JCHAI Partner Program</p>						<p>1 Ramadan (1st day)</p> <p>6-9 pm DHUB Saturday Fun Night St. Mary's Hall \$50 (Doylestown)</p>
	<p>3</p> <p>3-4 pm JCHAI Connect How It's Made?</p> <p>4:30-6 pm Cooking w/ Keri \$35</p>	<p>4 Mardi Gras</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35</p> <p>6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>5 Ash Wednesday</p> <p>4:30-7:30 pm Member Happy Hour Wood-Fire Pizza Making \$40</p>	<p>6</p> <p>4:30-6 pm Needpoint w/ Judy \$35</p> <p>Caregiver Support Zoom</p>	<p>7</p>	
<p>9</p> 	<p>10</p> <p>3-4 pm JCHAI Connect Family Feud</p> <p>4:30-6 pm The Biome Kitchen: Fun w/ Food & Nutrition \$35</p>	<p>11</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35</p> <p>6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>12</p> <p>4:30-7:30 pm Member Happy Hour Dave & Buster's \$55</p>	<p>13</p> <p>4:30-6 pm MLAC: Pen and Ink Art \$35</p> <p>In The Kitchen with KI \$10 Donation</p>	<p>14</p> <p>6-9pm Friday Fun Night JCHAI Education Center \$40</p>	<p>15</p> <p>11-7:45 pm Fiddler on the Roof \$110</p>
<p>16</p> 	<p>17 St. Patrick's Day</p> <p>3-4 pm JCHAI Connect Cultural Awareness & Sensitivity</p> <p>4:30-6 pm The Biome Kitchen: Fun w/ Food & Nutrition \$35</p>	<p>18</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35</p> <p>6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>19</p> <p>4:30-7:30 pm Member Happy Hour M&M Cinema \$40</p>	<p>20</p> <p>4:30-6 pm EmpowerU - The Power of Positive Thinking! \$40</p> <p>JCHAI PARTNER PROGRAM Career Success</p>	<p>21</p>	<p>22</p> <p>5-8 pm Soft Family Social \$75</p>
<p>23</p>	<p>24</p> <p>3-4 pm JCHAI Connect Andi's Wheel of Fortune</p> <p>4:30-6 pm Mindful Monday \$35</p>	<p>25</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35</p>	<p>26</p> <p>4:30-7:30 pm Member Happy Hour Bowling \$50</p>	<p>27</p> <p>4:30-6 pm Pet Therapy \$35</p>	<p>28</p>	<p>29</p>  <p>11-5 pm Flyers Game \$120</p>
<p>30</p>	<p>31</p> <p>3-4 pm JCHAI Connect Life Lessons w/ Byron</p> <p>4:30-6 pm Cooking w/ Tina \$35</p>	<p>Member Calendar Questions? Email: programs@jchai.org Call: 610-922-2480</p>		<p>Want to Learn More about joining JCHAI? Visit our website: https://jchai.org/become-a-member Email: questions@jchai.org Call: 610-922-2480 Supported Independent Living Professional 1:1 Coaching Instructional Classes Social & Community Engagement Career Development</p>		



Members are cordially invited
to join us:

JCHAI'S 2025 SPRING SOCIAL

With great friends and memories!

Presented by the Saft Family

DATE:
SATURDAY,
MARCH 22,
2025

TIME:
5 PM - 8 PM

Join us to
enjoy dinner,
dancing, a fun
DJ, and a photo
booth!



COST: \$75

Please register
and purchase
your ticket by
March 10

JCHAI EDUCATION CENTER

274 South Bryn Mawr Ave
Bryn Mawr, PA 19010



Questions? Email programs@jchai.org or call us at (610) 922-2480



Member Calendar Trip & Event Details

March 2025

****All activity registrations are due by the 15th day of the month (Registration Deadline: Saturday, February 15th).**

****Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.**

JCHAI Education Center Activities

Monday, March 3rd, 4:30-6 pm: Cooking w/ Keri

Join us at our monthly fun and flavorful cooking with Keri class at the JCHAI Education Center.

Cost \$35

Wednesday, March 5th, 4:30-6 pm: Wood-Fire Pizza Making

Please join us as we welcome Aaron Gordon, the owner of Agricola Pizzeria, for an exciting hands-on workshop where you'll learn the art of making authentic wood-fired pizza from scratch! In this immersive class, you'll learn how to create pizza dough and sauce from scratch, followed by learning how to cook your pizzas in a portable wood-fired oven.

Cost \$40

Thursday, March 6th, 4:30-6 pm: Needlepoint w/ Judy

Stitch your creativity at the Needlepoint w/ Judy class at the JCHAI Education Center.

Cost \$35

Monday, March 10th & 17th, 4:30-6 pm: The Biome Kitchen: Fun w/ Food & Nutrition Series

Join us for an engaging and interactive Fun with Food & Nutrition series! In these hands-on classes, we'll explore healthy eating made simple and delicious. From playing a MyPlate quiz show to deconstructing favorite meals into balanced food groups, **Class 1 (March 10th)** will help you build nutritious meals with confidence—plus, we'll whip up tasty Cucumber Hummus Bites and Goopy Nachos! In **Class 2 (March 17th)**, we'll decode Food Facts labels, uncover hidden sugars in everyday drinks, and play fun food games to make smart choices easier. Finish with a Sweet Treat snack of fruit, waffles, and yogurt. Perfect for anyone looking to learn, laugh, and cook healthier—come hungry for knowledge and flavor!

Cost \$35

Thursday, March 13th, 5-8 pm: MLAC: Pen & Ink Art

This workshop is designed for members to explore the endless possibilities of ink techniques using a variety of pens and ink types. Learn how different strokes create shapes, textures and values.

Cost \$35

Friday, March 14th, 6-9 pm: Friday Fun Night

Join our monthly center-based gathering. Come for dinner, movie, and game night with friends at the JCHAI Education Center.

Cost \$40

Saturday, March 22nd, 5-8 pm: Saft Family Social

JCHAI cordially invites you to join us for an evening of dinner, dancing, and celebration with great friends and memories at the Saft Family Social.

Cost \$75

Monday, March 24th, 4:30-6 pm: Mindful Monday

Mindful Monday with a focus on Meditation! Sometimes we get a little nervous about meditating, thinking we have to get it "just right." The opposite is true! Join us for an interactive session about the benefits and difficulties of meditation and leave feeling more comfortable about this way of caring for yourself!

Cost \$35

Monday, March 31st, 4:30-6 pm: Cooking w/ Tina

What is a sheet pan dinner? Glad you asked! It's a one-pot meal, but not a casserole! We will be making root vegetables and beef smoked sausage in the oven while dinner cooks. We will discuss ways we can "eat with the seasons" for more health benefits!

Cost \$35

Learn More at www.jchai.org



Member Calendar Trip & Event Details

March 2025

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**Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.

Doylestown Activities

Saturday, March 1st, 6-9 pm: DHUB Saturday Fun Night @ St. Mary's Hall

Cost \$50

Tuesday, March 4th, 6-8 pm: DHUB EmpowerU @ Doylestown Historical Society

Cost \$50

Tuesday, March 11th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Cost \$50

Tuesday, March 18th, 6-8 pm: DHUB Dinner @ Piccolo Trattoria

Cost \$50

BuxMont Activities

Tuesday, March 4th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$35

Tuesday, March 11th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$35

Tuesday, March 18th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$35

Tuesday, March 25th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers

Cost \$35

Off-site Activities *Transportation provided from JCHAI Education Center to & from off-site activities unless otherwise specified*

Saturday, March 29th, 11-5 pm: Flyers vs. Sabres Game @ The Wells Fargo Center

Cost \$120

Catch the excitement and feel the rush at the Philadelphia Flyers vs Buffalo Sabres game. Meet up and drop off will be at the JCHAI Education Center. **SUGGESTED LUNCH COST \$35 — BRING A DEBIT OR CREDIT CARD.**

Joint AADD & JCHAI Programs

Saturday, March 15th, 11-7:45 pm: Fiddler on the Roof @ Music Mountain Theatre

Cost \$110

Start off the day with lunch at Maggio's (400 2nd Street Pike - Southampton, PA 18966). Then go to Music Mountain Theatre (1483 RT 179 – Lambertville, NJ 08530) for Fiddler on the Roof, the heartwarming story of fathers and daughters, husbands and wives, and life, love and laughter. The bus will leave JCHAI at 11:15 AM and will return to JCHAI around 7:45 PM. Lunch begins at 12:30 PM. The bus will leave Maggio's no later than 1:45 PM. The show starts at 3:00 PM. Price includes an entrée, beverage, tax & tip at Maggio's. There will not be time to have a dessert. Bring extra money if you wish to purchase snacks at the theatre.

Thursday, March 13th, 4:30-5:30 pm: In the Kitchen with KI





Monthly volunteer sessions held at Keneseth Israel. AADD, JCHAI, and KI members come together to bake a delicious, signature dessert to be served at an Oneg Shabbat or a Hamotzi Dinner at KI. [Please RSVP to Rachel Kaufman at rkaufman@AADDPA.org](mailto:rkaufman@AADDPA.org). Suggested donations: \$10.

JCHAI PARTNER PROGRAM

Thursday, March 20th, 7-8:15 pm: Career Success: Steps on a Path to Success for Neurodiverse Adults

JCHAI's free, virtual panel with Q&A for neurodiverse adults and caregivers. Co-hosted by West Chester University's Dub-C Autism Program (D-CAP). **Registration required.**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Member Questions? Email: programs@jchai.org Call: 610-922-2480 Registrations Transportation Cancellations Other Member Inquiries about Group Programs</p>		<p>1 April Fool's Day</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35 6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>2</p> <p>5:15-7:15 pm Member Happy Hour Cooking w/ Chef B \$40</p> <p>7-8:15 pm JCHAI Spring Open House</p>	<p>3</p> <p>4:30-6 pm Clean & Green \$35 7:30-8:30 pm Caregiver Support Zoom 4:30-5:30 pm In The Kitchen with KI \$10 Donation</p>	<p>4</p> 	<p>5</p> <p>10:30 am - 3 pm Brunch Cruise w/ AADD Spirit of Philadelphia \$145</p>
	<p>6</p>  <p>2:30-5:30 pm DHUB In the Heights Bristol Riverside Theatre \$85</p>	<p>7</p> <p>3-4 pm JCHAI Connect How It's Made? 4:30-6 pm Cooking w/ Keri \$35 7-8 pm Jewish Affinity Program</p>	<p>8</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$40 6-8 pm DHUB Community Dinner+ \$50 (Doylestown) DHUB Community Open House</p>	<p>9</p> <p>5:15-7:15 pm Member Happy Hour JCHAI Talent Show \$40</p>	<p>10</p> <p>4:30-6 pm Pet Therapy \$35</p>	<p>11</p>
	<p>14</p> <p>3-4 pm JCHAI Connect Family Feud</p> <p>4:30-6 pm Mindful Monday \$35</p>	<p>15</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35 6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>16</p> <p>5:15-7:15 pm Member Happy Hour Dress for Success \$40</p>	<p>17</p> <p>4:30-6 pm Yoga \$40</p> <p>7-8pm Christian Affinity Program</p>	<p>18 Good Friday</p> 	<p>19</p>  <p>11-00-5:30pm Phillies Game Citizens Bank Park \$125</p>
<p>Program Locations</p> <p>Black: Bryn Mawr</p> <p>Blue: BuxMont</p> <p>Green: Doylestown</p> <p>Red: Virtual/Zoom (FREE)</p> <p>Purple: JCHAI-Wide Programs</p> <p>Orange: JCHAI Partner Program</p>	<p>21</p> <p>3-4 pm JCHAI Connect Cultural Awareness & Sensitivity</p> <p>4:30-6 pm The Biome Kitchen: Fun w/ Food & Nutrition \$35</p>	<p>22 Earth Day</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35 6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>23</p> <p>4:30-7:30 pm Member Happy Hour M&M Cinema \$40</p>	<p>24</p> <p>4:30-6 pm MLAC: Exploring Sonia Delaunay and Orphism \$35</p>	<p>25</p> <p>6-9pm Friday Fun Night JCHAI Education Center \$40</p>	<p>26</p>
<p>Want to join JCHAI? Visit our website: https://jchai.org/become-a-member Email: questions@jchai.org Call: 610-922-2480 Supported Independent Living Professional 1:1 Coaching Instructional Classes Social & Community Engagement Career Development</p>						



Member Calendar Trip & Event Details

April 2025

****All activity registrations are due by the 15th day of the month (Registration Deadline: Saturday, March 15th).**

****Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.**

JCHAI Education Center Activities

Thursday, April 3rd, 4:30-6 pm: Clean and Green

Want to know more about living a greener lifestyle? Join us for a hands-on lesson about Natural Alternatives to harsh chemicals. Whether it's a sensitivity to harsh smells, a desire to treat Mother Earth kindly, or just want to save money making your own cleaning solutions, join us for this Earth Day themed class! Take home an all-purpose cleaner!

Cost \$35

Monday, April 7th, 4:30-6 pm: Cooking w/ Keri

Join us at our monthly fun and flavorful cooking with Keri class at the JCHAI Education Center.

Cost \$35

Wednesday, April 9th, 5:15-7:15 pm: Member Happy Hour - JCHAI Talent Show

Do you have a talent you would like to share with your JCHAI friends? Come out to share your talents with the group and listen to the JCHAI music group debut their original songs!

Cost \$40

Thursday, April 10th, 4:30-6 pm: Pet Therapy

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Cost \$35

Monday, April 14th, 4:30-6 pm: Mindful Monday

Being Mindful can also mean paying attention to our Thoughts and making healthy choices about our thoughts. Join as we learn about 5 Rules for Rational Thinking, and how we can use these ideas as guidelines in our daily lives.

Cost \$35

Wednesday, April 16th, 4:30-6 pm: Member Happy Hour - Dress for Success

Join us in welcoming Sally Lou Loveman, a former audience producer for The Oprah Winfrey Show and founder of lovespeaks, LLC - where she helps heart centered professionals explore their story and speak without fear. Sally Lou believes our story is our superpower. Join Sally Lou in this Happy Hour where she will help you explore your story in an interactive way to build connection, community, compassion, and confidence. This Happy Hour promises to be powerful & fun and participation is up to you! Even if you choose to just listen, you will learn so much about yourself and your fellow member friends. Hope you will join us!

Cost \$40

Thursday, April 24th, 5-8 pm: Yoga w/ Joy

Unleash your inner peace! Join our yoga class stretch beyond your limits.

Cost \$40

Monday, April 21st & 28th, 4:30-6 pm: The Biome Kitchen: Fun w/ Food & Nutrition Series

Join us for an engaging and interactive Fun with Food & Nutrition series! In these hands-on classes, we'll explore healthy eating made simple and delicious. **Class 3 (April 21)** Join us to Eat the Rainbow where you will have fun discovering the delicious and healthy aspects of each color of the food rainbow. In this class we will create your very own "Rainbow Plate"! In **Class 4 (April 28th)**, will have you practice eating mindfully with confidence and learning all about Lainy Ladybug's adventures up to the farm to try new foods with a story about "Lainy's Polite Bite". Finish with an original snack of Lainy Ladybug made from apples, raisins, pretzels and grapes. Perfect for anyone looking to learn, laugh, and cook healthier—come hungry for knowledge and flavor!

Cost \$35

Thursday, April 24th, 4:30-6 pm: MLAC: Exploring Sonia Delaunay and Orphism

Sonia Delaunay was a famous French abstract artist who started the art form known as orphism. Orphism works with repeating and overlapping circles. In this workshop participants will work with watercolor and ink marker to create bold masterpieces.

Cost \$35

Friday, April 25th, 6-9 pm: Friday Fun Night

Join our monthly center-based gathering. Come for dinner, movie, and game night with friends at the JCHAI Education Center.

Cost \$40

Virtual/ZOOM (FREE)

Tuesday, April 2nd, 7-8:15 pm: JCHAI Spring Open House — [Registration Required.](#)

FREE



Member Calendar Trip & Event Details

April 2025

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****Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.**

Doylestown Activities

Tuesday, April 1st, 6-8 pm: DHUB Weeknight @ Doylestown Historical Society Cost \$50
Come join us for an evening with friends. We will have dinner and participate in skill-building activities and games.

Sunday, April 6th, 2:30-5:30 pm: DHUB In the Heights Cost \$85
Join us at the Bristol Riverside Theatre for an electrifying performance of In the Heights—a celebration of community, dreams, and the vibrant heart of New York City! With catchy music, unforgettable characters, and a story that will move you, In the Heights takes you to the lively streets of Washington Heights where family, love, and the pursuit of a better future come alive. The show starts at 3:00 pm and runs for approximately 2.5 hours. Member drop off and pick up will be at the Bristol Riverside Theatre (120 Radcliffe St, Bristol, PA 19007). Member drop off will be at 2:30 pm and pick up will be at approximately 5:30 pm. Bring extra cash, credit or debit card if you wish to purchase snacks at the theatre.

Tuesday, April 8th, 6-8 pm:
=> **DHUB Dinner @ Station Taphouse** (194 W Ashland St, Doylestown, PA 18901) - **DHUB MEMBERS ONLY!** Cost \$50
=> **Doylestown Community HUB Information Session @ Doylestown Township Building** (425 Wells Rd., Doylestown, PA 18901) FREE

Tuesday, April 15th, 6-8 pm: DHUB Cooking Class @ Temple Judea Cost \$50
Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering.

Tuesday, April 22nd, 6-8 pm: DHUB EmpowerU @ Doylestown Historical Society Cost \$50
Let's get moving at our next EmpowerU class at the Doylestown Historical Society.

Tuesday, April 29th, 6-8 pm: DHUB Main Strike Bowling Lounge Cost \$50
Join us for Duckpin Bowling at Main Strike Bowling Lounge (22 S Main St, Doylestown, PA 18901 (2nd floor)! We'll enjoy pizza, refreshments, and great company!

BuxMont Activities

Tuesday, April 1st, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers Cost \$35
Tuesday, April 8th, 5-7 pm: BuxMont EmpowerU @ Regency Towers Cost \$40
Tuesday, April 15th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers Cost \$35
Tuesday, April 29th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers Cost \$35

JCHAI-Wide Programs

Saturday, April 5th, 10:30 am - 3 pm: Brunch Cruise w/ AADD @ Spirit of Philadelphia Cost \$145
Experience Philadelphia from the water and enjoy an unforgettable day aboard the Spirit of Philadelphia (Penns Landing—401 South Christopher Columbus Blvd, Philadelphia, PA). There will be delicious brunch food, fun deck games, a narrated tour, and unbeatable skyline views while you cruise the Delaware. Includes onboard entertainment and DJ music for fun from 12:00 pm - 2:00 pm (boarding at 11:30 am). Please note that only coffee, tea, iced tea and water are included. If you want to buy soda please bring additional money.

Saturday, April 19th, 11:00-5:30 pm: Phillies vs. Marlins Game @ Citizens Bank Park Cost \$125
Step up to the plate with us for a home run of a day at the Phillies vs. Marlins game at the Citizens Bank Park. We will meet at the JCHAI Education Center at 11:00 am and will return back to JCHAI at approximately 5:30 pm. SUGGESTED LUNCH COST \$35 — BRING A DEBIT OR CREDIT CARD.

Thursday, April 3rd, 4:30-5:30 pm: In the Kitchen with KI
Monthly volunteer sessions held at Keneseth Israel. AADD, JCHAI, and KI members come together to bake a delicious, signature dessert to be served at an Oneg Shabbat or a Hamotzi Dinner at KI. Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donations: \$10.