






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Member Questions? Email: programs@jchai.org Call: 610-922-2480 Registrations Transportation Cancellations Other Member Inquiries about Group Programs</p>		<p>1 April Fool's Day</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35 6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>2</p> <p>5:15-7:15 pm Member Happy Hour Cooking w/ Chef B \$40</p> <p>7-8:15 pm JCHAI Spring Open House</p>	<p>3</p> <p>4:30-6 pm Clean & Green \$35 7:30-8:30 pm Caregiver Support Zoom 4:30-5:30 pm In The Kitchen with KI \$10 Donation</p>	<p>4</p> 	<p>5</p> <p>10:30 am - 3 pm Brunch Cruise w/ AADD Spirit of Philadelphia \$145</p>
	<p>6</p>  <p>2:30-5:30 pm DHUB In the Heights Bristol Riverside Theatre \$85</p>	<p>7</p> <p>3-4 pm JCHAI Connect How It's Made? 4:30-6 pm Cooking w/ Keri \$35 7-8 pm Jewish Affinity Program</p>	<p>8</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$40 6-8 pm DHUB Community Dinner+ \$50 (Doylestown) DHUB Community Open House</p>	<p>9</p> <p>5:15-7:15 pm Member Happy Hour JCHAI Talent Show \$40</p>	<p>10</p> <p>4:30-6 pm Pet Therapy \$35</p>	<p>11</p>
	<p>14</p> <p>3-4 pm JCHAI Connect Family Feud</p> <p>4:30-6 pm Mindful Monday \$35</p>	<p>15</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35 6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>16</p> <p>5:15-7:15 pm Member Happy Hour Dress for Success \$40</p>	<p>17</p> <p>4:30-6 pm Yoga \$40</p> <p>7-8pm Christian Affinity Program</p>	<p>18 Good Friday</p> 	<p>19</p>  <p>11-00-5:30pm Phillies Game Citizens Bank Park \$125</p>
<p>Program Locations</p> <p>Black: Bryn Mawr</p> <p>Blue: BuxMont</p> <p>Green: Doylestown</p> <p>Red: Virtual/Zoom (FREE)</p> <p>Purple: JCHAI-Wide Programs</p> <p>Orange: JCHAI Partner Program</p>	<p>21</p> <p>3-4 pm JCHAI Connect Cultural Awareness & Sensitivity</p> <p>4:30-6 pm The Biome Kitchen: Fun w/ Food & Nutrition \$35</p>	<p>22 Earth Day</p> <p>5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35 6-8 pm DHUB Community Dinner+ \$50 (Doylestown)</p>	<p>23</p> <p>4:30-7:30 pm Member Happy Hour M&M Cinema \$40</p>	<p>24</p> <p>4:30-6 pm MLAC: Exploring Sonia Delaunay and Orphism \$35</p>	<p>25</p> <p>6-9pm Friday Fun Night JCHAI Education Center \$40</p>	<p>26</p>
						<p>Want to join JCHAI? Visit our website: https://jchai.org/become-a-member Email: questions@jchai.org Call: 610-922-2480 Supported Independent Living Professional 1:1 Coaching Instructional Classes Social & Community Engagement Career Development</p>



Member Calendar Trip & Event Details

April 2025

****All activity registrations are due by the 15th day of the month (Registration Deadline: Saturday, March 15th).**

****Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.**

JCHAI Education Center Activities

Thursday, April 3rd, 4:30-6 pm: Clean and Green

Want to know more about living a greener lifestyle? Join us for a hands-on lesson about Natural Alternatives to harsh chemicals. Whether it's a sensitivity to harsh smells, a desire to treat Mother Earth kindly, or just want to save money making your own cleaning solutions, join us for this Earth Day themed class! Take home an all-purpose cleaner!

Cost \$35

Monday, April 7th, 4:30-6 pm: Cooking w/ Keri

Join us at our monthly fun and flavorful cooking with Keri class at the JCHAI Education Center.

Cost \$35

Wednesday, April 9th, 5:15-7:15 pm: Member Happy Hour - JCHAI Talent Show

Do you have a talent you would like to share with your JCHAI friends? Come out to share your talents with the group and listen to the JCHAI music group debut their original songs!

Cost \$40

Thursday, April 10th, 4:30-6 pm: Pet Therapy

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Cost \$35

Monday, April 14th, 4:30-6 pm: Mindful Monday

Being Mindful can also mean paying attention to our Thoughts and making healthy choices about our thoughts. Join as we learn about 5 Rules for Rational Thinking, and how we can use these ideas as guidelines in our daily lives.

Cost \$35

Wednesday, April 16th, 4:30-6 pm: Member Happy Hour - Dress for Success

Join us in welcoming Sally Lou Loveman, a former audience producer for The Oprah Winfrey Show and founder of lovespeaks, LLC - where she helps heart centered professionals explore their story and speak without fear. Sally Lou believes our story is our superpower. Join Sally Lou in this Happy Hour where she will help you explore your story in an interactive way to build connection, community, compassion, and confidence. This Happy Hour promises to be powerful & fun and participation is up to you! Even if you choose to just listen, you will learn so much about yourself and your fellow member friends. Hope you will join us!

Cost \$40

Thursday, April 24th, 5-8 pm: Yoga w/ Joy

Unleash your inner peace! Join our yoga class stretch beyond your limits.

Cost \$40

Monday, April 21st & 28th, 4:30-6 pm: The Biome Kitchen: Fun w/ Food & Nutrition Series

Join us for an engaging and interactive Fun with Food & Nutrition series! In these hands-on classes, we'll explore healthy eating made simple and delicious. **Class 3 (April 21)** Join us to Eat the Rainbow where you will have fun discovering the delicious and healthy aspects of each color of the food rainbow. In this class we will create your very own "Rainbow Plate"! In **Class 4 (April 28th)**, will have you practice eating mindfully with confidence and learning all about Lainy Ladybug's adventures up to the farm to try new foods with a story about "Lainy's Polite Bite". Finish with an original snack of Lainy Ladybug made from apples, raisins, pretzels and grapes. Perfect for anyone looking to learn, laugh, and cook healthier—come hungry for knowledge and flavor!

Cost \$35

Thursday, April 24th, 4:30-6 pm: MLAC: Exploring Sonia Delaunay and Orphism

Sonia Delaunay was a famous French abstract artist who started the art form known as orphism. Orphism works with repeating and overlapping circles. In this workshop participants will work with watercolor and ink marker to create bold masterpieces.

Cost \$35

Friday, April 25th, 6-9 pm: Friday Fun Night

Join our monthly center-based gathering. Come for dinner, movie, and game night with friends at the JCHAI Education Center.

Cost \$40

Virtual/ZOOM (FREE)

Tuesday, April 2nd, 7-8:15 pm: JCHAI Spring Open House — [Registration Required.](#)

FREE



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Doylestown Activities

Tuesday, April 1st, 6-8 pm: DHUB Weeknight @ Doylestown Historical Society

Come join us for an evening with friends. We will have dinner and participate in skill-building activities and games.

Cost \$50

Sunday, April 6th, 2:30-5:30 pm: DHUB In the Heights

Join us at the Bristol Riverside Theatre for an electrifying performance of In the Heights—a celebration of community, dreams, and the vibrant heart of New York City!

With catchy music, unforgettable characters, and a story that will move you, In the Heights takes you to the lively streets of Washington Heights where family, love, and the pursuit of a better future come alive. The show starts at 3:00 pm and runs for approximately 2.5 hours. Member drop off and pick up will be at the Bristol Riverside Theatre (120 Radcliffe St, Bristol, PA 19007). Member drop off will be at 2:30 pm and pick up will be at approximately 5:30 pm. Bring extra cash, credit or debit card if you wish to purchase snacks at the theatre.

Cost \$85

Tuesday, April 8th, 6-8 pm:

=> **DHUB Dinner @ Station Taphouse** (194 W Ashland St, Doylestown, PA 18901) - **DHUB MEMBERS ONLY!**

=> **Doylestown Community HUB Information Session @ Doylestown Township Building** (425 Wells Rd., Doylestown, PA 18901)

Cost \$50

FREE

Tuesday, April 15th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering.

Cost \$50

Tuesday, April 22nd, 6-8 pm: DHUB EmpowerU @ Doylestown Historical Society

Let's get moving at our next EmpowerU class at the Doylestown Historical Society.

Cost \$50

Tuesday, April 29th, 6-8 pm: DHUB Main Strike Bowling Lounge

Join us for Duckpin Bowling at Main Strike Bowling Lounge (22 S Main St, Doylestown, PA 18901 (2nd floor)! We'll enjoy pizza, refreshments, and great company!

Cost \$50

BuxMont Activities

Tuesday, April 1st, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$35

Tuesday, April 8th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Tuesday, April 15th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$35

Tuesday, April 29th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers

Cost \$35

JCHAI-Wide Programs

Saturday, April 5th, 10:30 am - 3 pm: Brunch Cruise w/ AADD @ Spirit of Philadelphia

Experience Philadelphia from the water and enjoy an unforgettable day aboard the Spirit of Philadelphia (Penns Landing—401 South Christopher Columbus Blvd, Philadelphia, PA). There will be delicious brunch food, fun deck games, a narrated tour, and unbeatable skyline views while you cruise the Delaware. Includes onboard entertainment and DJ music for fun from 12:00 pm - 2:00 pm (boarding at 11:30 am). Please note that only coffee, tea, iced tea and water are included. If you want to buy soda please bring additional money.

Cost \$145

Saturday, April 19th, 11:00-5:30 pm: Phillies vs. Marlins Game @ Citizens Bank Park

Step up to the plate with us for a home run of a day at the Phillies vs. Marlins game at the Citizens Bank Park. We will meet at the JCHAI Education Center at 11:00 am and will return back to JCHAI at approximately 5:30 pm. SUGGESTED LUNCH COST \$35 — BRING A DEBIT OR CREDIT CARD.

Cost \$125

Thursday, April 3rd, 4:30-5:30 pm: In the Kitchen with KI

Monthly volunteer sessions held at Keneseth Israel. AADD, JCHAI, and KI members come together to bake a delicious, signature dessert to be served at an Oneg Shabbat or a Hamotzi Dinner at KI. Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donations: \$10.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Member Questions? Email: programs@jchai.org Call: 610-922-2480 Registrations Transportation Cancellations Other Member Inquiries about Group Programs				1 4:30-6 pm Affirmation Cards \$40	2	3 1-4:45 pm GREASE w/ AADD The Media Theatre \$85
4 4:30-5:30 pm JCHAI PARTNER PROGRAM Social Circle Groups 12:45-4:30 pm Phillies Watch Party \$55	5 Cinco de Mayo 3-4 pm JCHAI Connect Cultural Awareness & Sensitivity 4:30-6 pm Cooking w/ Keri \$35	6 5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$40 6-8 pm DHUB Dinner @ Maxwell's On Main \$50 (Doylestown)	7 4:30-7:30 pm Member Happy Hour Wood-Fire Pizza Making \$40	8 4:30-6 pm Pet Therapy \$35 7:30-8:30 pm Caregiver Support Zoom	9	10 6:30-9:00 pm DHUB Saturday Fun Night St. Mary's Hall \$50
11 Mother's Day 	12 3-4 pm JCHAI Connect Family Feud 4:30-6 pm EmpowerU \$40	13 5-7 pm BuxMont EmpowerU (Regency Towers) \$35 6-8 pm DHUB Cooking Class \$50 (Doylestown)	14 4:30-7:30 pm Member Happy Hour Dave & Buster's \$55	15 4:30-6 pm MLAC: Exploring the Member Show \$35 4:30-5:30 pm In The Kitchen with KI \$10 Donation	16 6-9pm Friday Fun Night JCHAI Education Center \$40	17
Program Locations Black: Bryn Mawr Blue: BuxMont Green: Doylestown Red: Virtual/Zoom (FREE) Purple: JCHAI-Wide Programs Orange: JCHAI Partner Program	19 3-4 pm JCHAI Connect Andi's Wheel of Fortune 4:30-6 pm Mindful Monday \$35	20 5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$35 6-8 pm DHUB Bowling @ Thunderbird \$50 (Doylestown)	21 4:30-7:30 pm Member Happy Hour M&M Cinema \$40	22 4:30-6 pm Yoga \$40	23	24 10:30am-2:30pm Devon Horse Show Devon, PA \$75
	26 OFFICE CLOSED 	27 5-7 pm BuxMont Dinner & Movie (Regency Towers) \$35 6-8 pm DHUB EmpowerU \$50 (Doylestown)	28 4:30-7:30 pm Member Happy Hour Bowling \$50	29 4:30-6 pm Pet Therapy \$35	30	31

CALLING ALL MEMBERS!

We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at programs@jchai.org

Want to join JCHAI?

Visit our website: <https://jchai.org/become-a-member>
 Email: questions@jchai.org | Call: 610-922-2480
 Supported Independent Living | Professional 1:1 Coaching | Instructional Classes Social & Community Engagement | Career Development



Member Calendar Trip & Event Details

May 2025

****All activity registrations are due by the 15th day of the month (Registration Deadline: Tuesday, April 15th).**

****Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.**

JCHAI Education Center Activities

Thursday, May 1st, 4:30-6 pm: Affirmation Cards

Join us as we create your own personalized affirmation cards designed to boost confidence, reduce stress, and help manifest goals. Whether you're new to affirmations or looking to deepen your practice, this art therapy session will provide you with the tools to transform your mindset and start your journey of self-empowerment.

Cost \$40

Sunday, May 4th, 12:45-4:30 pm: Phillies Watch Party

Swing by for some Phillies action at our first Phillies Watch Party of the season at the JCHAI Education Center.

Cost \$55

Monday, May 5th, 4:30-6 pm: Cooking w/ Keri

Join us at our monthly fun and flavorful cooking with Keri class at the JCHAI Education Center.

Cost \$35

Wednesday, May 7th, 4:30-7:30 pm: Wood-Fire Pizza Making

Please join us as we welcome Aaron Gordon, the owner of Agricola Pizzeria, for an exciting hands-on workshop where you'll learn the art of making authentic wood-fired pizza from scratch! In this immersive class, you'll learn how to create pizza dough and sauce from scratch, followed by learning how to cook your pizzas in a portable wood-fired oven.

Cost \$40

Thursday, May 8th & 29th, 4:30-6 pm: Pet Therapy

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Cost \$35

Monday, May 12th, 4:30-6 pm: EmpowerU

Let's get moving at our next EmpowerU class at the JCHAI Education Center. Reminder to wear comfortable clothes and sneakers.

Cost \$40

Thursday, May 15th, 4:30-6 pm: MLAC: Exploring the Member Show @ Main Line Art Center

Each Spring Main Line Art Center shows off the work of our talented teaching artists and community members. Participants will tour our gallery and then head to the studio to create their own pieces inspired by the work in the show. Members will be dropped off and picked up at the Main Line Art Center.

Cost \$35

Friday, May 16th, 6-9 pm: Friday Fun Night

Get fired up for our next Friday Fun Night! Enjoy BBQ, games, and great company at the JCHAI Education Center.

Cost \$40

Monday, May 19th, 4:30-6 pm: Mindful Monday

Practicing presence is not only a very old spiritual practice, it is actually one key to feeling happier. Training our brain to focus on what we are doing now through mindful practices can have wonderful benefits! There are lots of ways we can help our brains focus, and I bet you can share what works for you!

Cost \$35

Thursday, May 22nd, 4:30-6 pm: Yoga w/ Joy

Unleash your inner peace! Join our next yoga class and stretch beyond your limits.

Cost \$40

Wednesday, May 28th, 4:30-7:30 pm: Bowling

Join in on the fun at our next monthly Bowling outing. Members will be dropped off and picked up at the JCHAI Education Center.

Cost \$50



Member Calendar Trip & Event Details

May 2025

****All activity registrations are due by the 15th day of the month (Registration Deadline: Tuesday, April 15th).**

****Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.**

Doylestown Activities

Tuesday, May 6th, 6-8 pm: DHUB Dinner @ Maxwell's On Main (MOMs)

Indulge in a night of delicious cuisine and great conversation with friends at Maxwell's on Main (37 N Main St, Doylestown, PA 18901). Member drop off and pick up will be at Maxwell's on Main.

Cost \$50

Saturday, May 10th, 6:30-9:00 pm: DHUB Saturday Fun Night @ St. Mary's Hall

Join us for karaoke and games at our next Saturday Fun Night at St. Mary's Hall.

Cost \$50

Tuesday, May 13th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering.

Cost \$50

Tuesday, May 20th, 6-8 pm: DHUB Bowling @ Thunderbird

Strike up the fun at our next Bowling outing at Thunderbird Lanes (1475 Street Rd, Warminster, PA 18974). Member drop off and pick up will be at Thunderbird Lanes.

Cost \$50

Tuesday, May 27th, 6-8 pm: DHUB EmpowerU @ Doylestown Historical Society

Let's get moving at our next EmpowerU class at the Doylestown Historical Society. Reminder to wear comfortable clothes and sneakers.

Cost \$50

BuxMont Activities

Tuesday, May 6th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$35

Tuesday, May 13th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Tuesday, May 20th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$35

Tuesday, May 27th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers

Cost \$35

JCHAI-Wide Programs

Saturday, May 3rd, 1-4:45 pm: GREASE w/ AADD @ The Media Theatre

Join us for a trip to the Media Theatre (104 East State Street, Media, PA 19063) to see GREASE. Head "greaser" Danny Zuko and new (good) girl Sandy Dumbrowski try to relive the high romance of their "Summer Nights" as the rest of the gang sings and dances its way through all your favorite songs. Bring extra money if you wish to purchase snacks - eat lunch before you come or bring something to eat on the ride. The show starts at 2:00 pm. We will leave JCHAI at 1:00 pm and will return back at approximately 4:45 pm.

Cost \$85

Thursday, May 15th, 4:30-5:30 pm: In the Kitchen with KI

Monthly volunteer sessions held at Keneseth Israel. AADD, JCHAI, and KI members come together to bake a delicious, signature dessert to be served at an Oneg Shabbat or a Hamotzi Dinner at KI. Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donations: \$10.

Saturday, May 24th, 10:30-2:30 pm: Devon Horse Show

Save the Date! Join us as we support our fellow JCHAI member who is competing at the Devon Horse Show! Be sure to wear comfortable shoes; this event takes place outdoors on uneven terrain. Pick up and drop off at JCHAI's Education Center. More information to follow.

Cost \$75