

Member Calendar

September 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sept 1 - Sept 5th 	1 OFFICE CLOSED 	2 6-8 pm DHUB Stories w/ Sally Lou \$50 (Doylestown)	3 5:15-7:15 pm Member Happy Hour Comedy & Open Mic Night \$40	4 4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Cooking, Art & More (Regency Towers) \$35	5	6 11:30 am-7 pm Beautiful Music Mountain Theatre \$110
7 TOPGOLF 10 am-12:30 pm DHUB Topgolf Philadelphia (Byberry) \$85	8 3-4 pm JCHAI Connect JCHAI Family Feud 4:30-6 pm Sports w/ Jon A. \$35 7-8 pm Member Advisory Meeting	9 6-8 pm DHUB Yoga w/ Joe \$50 (Doylestown)	10 4:30-7:30 pm Member Happy Hour Game On State \$55	11 Patriot Day 4:30-6 pm Yoga w/ Joy \$40 5-7 pm BuxMont EmpowerU (Regency Towers) \$40	12	13
14 4:15-8:30 pm Eagles Watch Party JCHAI Education Center \$55	15 3-4 pm JCHAI Connect Cultural Awareness & Sensitivity 4:30-6 pm Mindful Monday \$35	16 6-8 pm DHUB Cooking Class \$50 (Doylestown)	17 5:15-7:15 pm Member Happy Hour M&M Cinema \$40 Out & About - The W Tavern \$50	18 4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Cooking, Art & More (Regency Towers) \$35	19 6-9pm Friday Fun Night JCHAI Education Center \$40	20 12:30-6:15 pm Philadelphia Union vs. New England Subaru Park \$105
21 	22 3-4 pm JCHAI Connect Andi's Wheel of Fortune 4:30-6 pm Sports w/ Jon A. \$35	23 Rosh Hashanah NO PROGRAMS!	24 4:30-7:30 pm Member Happy Hour Bowling \$50	25 4:30-6 pm MLAC: Paper Cutting \$35 5-7 pm BuxMont Dinner & Movie (Regency Towers) \$35		Program Locations Black: Bryn Mawr Blue: BuxMont Green: Doylestown Red: Virtual/Zoom (FREE) Purple: JCHAI-Wide Programs Orange: JCHAI Partner Program
28	29 3-4 pm JCHAI Connect How's it Made? 4:30-6 pm Cooking w/ Keri \$35	30 6-8 pm DHUB Dinner @ Ooka Hibachi \$75 (Doylestown)	Member Questions? Email: programs@jchai.org Call: 610-922-2480 Registrations Transportation Cancellations Other Member Inquiries about Group Programs			
CALLING ALL MEMBERS! We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at programs@jchai.org			Want to join JCHAI? Visit our website: https://jchai.org/become-a-member Email: questions@jchai.org Call: 610-922-2480 Supported Independent Living Professional 1:1 Coaching Instructional Classes Social & Community Engagement Career Development			



Member Calendar Trip & Event Details

September 2025

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****Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.**

Zoom Sessions (FREE)

Monday, September 8th, 7-8 pm: Member Advisory Committee Meeting

FREE

Would you like to become or practice being a Self-Advocate? Would you like to share your ideas for what makes JCHAI great and how we can be even better? Join fellow JCHAI members on Zoom and discuss ideas for future programs and trips.

JCHAI Education Center Activities

Wednesday, September 3rd, 5:15-7:15 pm: Comedy & Open Mic Night

Cost \$40

Laughs and mic drops all night long! Join us for Comedy & Open Mic Night — where jokes, stories, and surprises take center stage. Come share your talent or just enjoy the show!

Thursday, September 4th & 18th, 4:30-6 pm: Pet Therapy

Cost \$35

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Monday, September 8th & 22nd, 4:30-6 pm: Sports w/ Jon A.

Cost \$40

Join us for Sports w/ Jon A., a fun and interactive program where members come together to explore the world of movement and physical activity. This engaging program is designed to boost teamwork and communication skills, encourage active participation in a supportive environment, and build connections through shared sports stories and friendly competition. Perfect for all interests and skill levels!

Wednesday, September 10th, 4:30-7:30 pm: Game On State

Cost \$55

Join us for an evening of arcade games, karaoke, and pizza at the amazing Game on State in Media, PA. Bring cash, credit or debit if you would like to purchase soda or candy.

Thursday, September 11th, 4:30-6 pm: Yoga w/ Joy

Cost \$40

Joyful Yoga at JCHAI is an adaptive Hatha class. We offer a safe space to explore mindful movement and connect to our bodies in fun and creative ways! We marry breath and posture, but we take it at a pace that feels right for us, make the adjustments that feel good in our bodies, and turn inward to focus not on how the pose looks, but on how it feels. This class is chair-based, and if you're new to yoga, don't worry! It's also beginner-friendly. Join us in finding joy in movement together!

Sunday, September 14th, 4:15-8:30 pm: Eagles Watch Party

Cost \$55

Let's kick off our first Eagles Watch Party of the season with our fellow JCHAI friends.

Monday, September 15th, 4:30-6 pm: Mindful Monday

Cost \$35

This month in Mindful Monday we talk about Listening! How often do you feel really listened to? How often do we really pay attention to the person we are with? Join us as we practice MINDFUL LISTENING.

Friday, September 19th, 6-9 pm: Friday Fun Night

Cost \$40

Join our monthly center-based gathering. Come for dinner, movie, and game night with friends at the JCHAI Education Center.

Wednesday, September 24th, 4:30-7:30 pm: Bowling

Cost \$50

Join our next monthly Bowling outing. Be sure to register early as spots are limited.

Thursday, September 25th, 4:30-6 pm: Main Line Art Center: Paper Cutting

Cost \$35

Discover the Art of Paper Cutting with teaching artist Gavi Kestlebaum from Main Line Art Center for a hands-on workshop exploring the timeless craft of paper cutting. You'll learn essential techniques, design tips, and create your own intricate design—from concept to finished piece. No experience necessary—all materials provided!

Monday, September 29th, 4:30-6 pm: Cooking w/ Keri

Cost \$35

Join us at our monthly fun and flavorful cooking with Keri class at the JCHAI Education Center.



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Doylestown Activities

Tuesday, September 2nd, 6-8 pm: DHUB Stories w/ Sally Lou @ Doylestown Historical Society

Cost \$50

Join us for another Stories w/ Sally Lou session where we will continue exploring our stories in an interactive way to build connection, community, compassion, and confidence.

This gathering promises to be powerful & fun and participation is up to you! Even if you choose to just listen, you will learn so much about yourself and your fellow member friends.

Saturday, September 7th, 10-12:30 pm: DHUB Topgolf

Cost \$85

Tee up for a morning of fun at Topgolf Philadelphia full of games, laughs, and light bites. No golf skills needed—just come ready to swing and socialize! Member drop off and pick up will be at Topgolf (2140 Byberry Rd, Philadelphia, PA 19116).

Tuesday, September 9th, 6-8 pm: DHUB Yoga w/ Joe @ Doylestown Historical Society

Cost \$50

Join our chair-based Yoga Class at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901). This class will offer a gentle and accessible way to enjoy yoga, perfect for all levels.

Tuesday, September 16th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Cost \$50

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering. Member drop off and pick up will be at Temple Judea (38 Rogers Rd, Furlong, PA 18925).

Wednesday, September 30th, 6-8 pm: DHUB Dinner @ Ooka Hibachi

Cost \$75

Join us for an unforgettable hibachi dinner at Ooka where expert chefs dazzle with fire, flair, and flavor. Hibachi dinner entrees are served with Soup, Salad, White Rice, Hibachi Shrimps, Hibachi Noodles and Vegetables. Please include your dinner choice in the "Order Notes" of your registration. **Choice of 1:** Vegetable, Chicken, or Salmon.

BuxMont Activities

Thursday, September 4th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$35

Thursday, September 11th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Wednesday, September 17th, 6pm: Out & About in BuxMont w/ Rachel

Cost \$50

Thursday, September 18th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$35

Thursday, September 25th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers

Cost \$35

JCHAI-Wide Programs

Saturday, September 6th, 11:30 am-7 pm: Beautiful: The Carole King Musical @ Music Mountain Theater

Cost \$110

Start off the day with lunch at Maggio's (400 2nd Street Pike, Southampton, PA 18966). Then go to Music Mountain Theatre (1483 RT 179, Lambertville, NJ 08530) for Beautiful: The Carole King Musical. Before she was hit-maker Carole King—she was Carole Klein, a spunky, young songwriter from Brooklyn with a unique voice. From the chart-topping hits she wrote for the biggest acts in music to her own life-changing, trailblazing success with Tapestry. Lunch begins at 12:30 PM and the show starts at 3:00 PM. We will leave JCHAI at 11:30 AM and will return back to JCHAI at around 7:00 PM. Please include your lunch choice in the "Order Notes" of your registration.

Lunch Choices: Cheese Pizza, Chicken Ceasar Salad, Chicken Tenders w/ Fries, Cheese Ravioli w/ Salad, Cheeseburger w/ Fries.

Saturday, September 20th, 12:30-6:15 pm: Philadelphia Union vs. New England Game @ Subaru Park

Cost \$105

The Philadelphia Union will be playing the New England Revolution at Subaru Park (1 Stadium Drive, Chester, PA 19013). The club competes in Major League Soccer as a member of the Eastern Conference. This game is one of the last games before the playoffs begin! The game starts at 2:30 PM. The bus will leave Regency at 12:30 PM and then JCHAI at 1:15 PM. The bus will return to JCHAI at 5:30 PM and Regency at 6:15 PM. **MUST USE BUS. Bring cash or a debit/credit card for snacks or a meal. Suggested lunch cost \$25**

Member Calendar

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Member Questions? Email: programs@jchai.org Call: 610-922-2480 Registrations Transportation Cancellations Other Member Inquiries about Group Programs			1 Ever Yom Kippur 4:30-7:30 pm Member Happy Hour Cooking w/ Chef B \$40	2 Yom Kippur 4:30-6 pm EmpowerU \$40 5-7 pm BuxMont Game Night (Regency) \$35	3	4
5 2:00-4:30 pm DHUB Rainbow Ridge Farm \$65 4:15-8:30 pm Eagles Watch Party JCHAI Education Center \$55	6 3-4 pm JCHAI Connect Family Feud 4:30-6 pm Robotics (1 of 5) \$35	7 6-8 pm DHUB Peddler's Village & Dinner \$50 (Doylestown)	8 5:15-7:15 pm Member Happy Hour Improv \$40	9 4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$40		11 12-3 pm Fall Fest JCHAI Education Center \$75
12 	13 3-4 pm JCHAI Connect Cultural Awareness & Sensitivity 4:30-6 pm Robotics (2 of 5) \$35	14 6-8 pm DHUB Cooking Class \$50 (Doylestown)	15 4:30-7:30 pm Midnight Pasta \$50	16 4:30-6 pm Yoga w/ Joy \$40 5-7 pm BuxMont EmpowerU (Regency Towers) \$35	17 6-9pm Friday Fun Night JCHAI Education Center \$40	18 
Program Locations Black: Bryn Mawr Blue: BuxMont Green: Doylestown Red: Virtual/Zoom (FREE) Purple: JCHAI-Wide Programs Orange: JCHAI Partner Program	20 3-4 pm JCHAI Connect Andi's Wheel of Fortune 4:30-6 pm Robotics (3 of 5) \$35	21 6-8 pm DHUB EmpowerU \$50 (Doylestown)	22 4:30-7:30 pm Challah Bake \$40	23 4:30-6 pm MLAC: Printing w/ Botanicals \$35 4:30-6 pm BuxMont In the Kitchen w/ KI (Regency Towers)	24	25 5-8 pm Monster Mash Dinner & Dance Drexelbrook \$100
	27 3-4 pm JCHAI Connect Life Lessons w/ Byron 4:30-6 pm Cooking w/ Keri \$35	28 6-8 pm DHUB Bowling @ Main Strike \$50 (Doylestown)	29 4:30-7:30 pm Member Happy Hour Bowling \$50	30 4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Dinner & Movie (Regency Towers) \$35		
CALLING ALL MEMBERS! We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at programs@jchai.org				Want to join JCHAI? Visit our website: https://jchai.org/become-a-member Email: questions@jchai.org Call: 610-922-2480 Supported Independent Living Professional 1:1 Coaching Instructional Classes Social & Community Engagement Career Development		



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JCHAI Education Center Activities

Wednesday, October 1st, 4:30-7:30 pm: Cooking w/ Chef B

Cost \$40

Learn new delicious recipes at our next Cooking w/ Chef B member happy hour.

Thursday, October 2nd, 4:30-6 pm: EmpowerU

Cost \$40

Let's get moving at our next EmpowerU class at the JCHAI Education Center. Reminder to wear comfortable clothes and sneakers.

Sunday, October 5th, 4:15-8:30 pm: Eagles Watch Party

Cost \$55

Let's kick off our first Eagles Watch Party of the season with our fellow JCHAI friends.

Monday, October 6th, 13th, & 20th, 4:30-6 pm: Robotics (Sessions 1-3)

Cost \$35

Come join Lower Merion High School's DAWGMA Robotics Team as we learn how to build and work with robots and help with this year's national robotics competition. We'll explore robots in the real world, the engineering design process, and basic AI concepts. Don't miss out on this great opportunity!

Wednesday, October 8th, 4:30-7:30 pm: Improv

Cost \$40

Join us for Improv, where creativity takes center stage. Through games, laughter, and quick thinking, you'll build confidence, spark your imagination, and connect with other members in the most unexpected ways. Whether you're a natural performer or just curious, come give it a try!

Thursday, October 9th & 30th, 4:30-6 pm: Pet Therapy

Cost \$35

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Wednesday, October 15th, 4:30-7:30 pm: Midnight Pasta Outing

Cost \$50

Join us for an unforgettable hands-on pasta making experience with Midnight Pasta. We will enjoy the handmade pasta with our JCHAI friends and staff in a family-style dinner. Member drop off and pick up will be at the JCHAI Education Center.

Thursday, October 16th, 4:30-6 pm: Yoga w/ Joy

Cost \$40

Joyful Yoga at JCHAI is an adaptive Hatha class. We offer a safe space to explore mindful movement and connect to our bodies in fun and creative ways! We marry breath and posture, but we take it at a pace that feels right for us, make the adjustments that feel good in our bodies, and turn inward to focus not on how the pose looks, but on how it feels. This class is chair-based, and if you're new to yoga, don't worry! It's also beginner-friendly. Join us in finding joy in movement together!

Friday, October 17th, 6-9 pm: Friday Fun Night

Cost \$40

Join our monthly center-based gathering. Come for dinner, movie, and game night with friends at the JCHAI Education Center.

Wednesday, October 22nd, 4:30-7:30 pm: Challah Bake

Cost \$40

Please join us for dinner, friendship, and making delicious challah! All food will be Kosher. Gluten free and dairy free dinner options available upon request.

Thursday, October 23rd, 4:30-6 pm: Main Line Art Center: Printing w/ Botanicals

Cost \$35

Capture the beauty of nature using plants, flowers and leaves with acrylics and inks.

Monday, October 27th, 4:30-6 pm: Cooking w/ Keri

Cost \$35

Join us at our monthly fun and flavorful cooking with Keri class at the JCHAI Education Center.

Wednesday, October 29th, 4:30-7:30 pm: Bowling

Cost \$50

Join our next monthly Bowling outing. Be sure to register early as spots are limited.



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Doylestown Activities

Sunday, October 5th, 2:00-4:30 pm: DHUB Rainbow Ridge Farm

Cost \$65

Saddle up for a day at Rainbow Ridge Farm—meet and ride the horses, explore the stables, enjoy snacks, and take in the fresh country air! Perfect for animal lovers, adventure seekers, and anyone who needs a little farmside fun. Member drop off and pick up will be at Rainbow Ridge Farm (4841 Applebutter Rd, Pipersville, PA 18947).

Tuesday, October 7th, 6-8 pm: DHUB Peddler's Village & Dinner

Cost \$50

Embrace the fall fun! Explore the charming scarecrows at Peddler's Village and indulge in a tasty lunch at Villaggio Cucina— where every bite is a treat! Member drop off and pick up will be at Villaggio Cucina (5861 York Road, Lahaska, PA 18931).

Tuesday, October 14th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Cost \$50

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering. Member drop off and pick up will be at Temple Judea (38 Rogers Rd, Furlong, PA 18925).

Tuesday, October 21st, 6-8 pm: DHUB EmpowerU

Cost \$50

Let's get moving at our next EmpowerU class at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901).

Tuesday, October 28th, 6-8 pm: DHUB Bowling @ Main Strike

Cost \$50

Join us for Duckpin Bowling at Main Strike Bowling Lounge (22 S Main St, Doylestown, PA 18901 - 2nd floor)! We'll enjoy pizza, refreshments, and great company!

BuxMont Activities

Thursday, October 2nd, 5-7 pm: BuxMont Game Night @ Regency Towers

Cost \$35

Thursday, October 9th, 5-7 pm: BuxMont Cooking Class @ Regency Towers

Cost \$35

Thursday, October 16th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Thursday, October 23rd, 4:30-6 pm: BuxMont In the Kitchen @ Keneseth Israel — Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donation: \$10

Cost \$35

Thursday, October 30th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers

JCHAI-Wide Programs

Cost \$75

Saturday, October 11th, 12-3 pm: Fall Fest

Celebrate the season in the best way possible — at our annual Fall Fest! Join us for an afternoon filled with lively music, delicious lunch, seasonal treats, and fun activities. There will be a special JCHAI Patio Dedication for Doug Jarett, an art project, s'mores, a volunteer project, photo booth, games and more! The bus will leave Regency at 11:15 am and will return at 3:45 PM. If you are coming from the Main Line please arrive at noon and schedule pickup for 3:00 PM.

Saturday, October 25th, 5-8 pm: Monster Mash Dinner Dance @ The Hilton Garden Inn of Ft. Washington

Cost \$100

Do the MASH! Do the MONSTER MASH! We can't wait to spend the evening dining and dancing at the Hilton Garden Inn (530 Pennsylvania Ave, Fort Washington, PA 19034) with a "Monster Mash" theme. There will be a buffet dinner of Chicken Parmesan, London Broil and Penne with Marinara, as well as additional sides and dessert. Costumes are encouraged. The party is scheduled from 5:00 PM to 8:00 PM. One bus will leave the Regency at 4:30 PM and one bus will leave JCHAI at 4:15 PM. The buses will return to JCHAI at 8:45 PM and the Regency at 8:30 PM.



2025 FALL FEST

FRIENDS, FOOD, & FUN

Saturday, October 11th | 12 PM - 3 PM

Mac & Cheese, Chili, Corn Dogs, Chicken Fingers & More
Pumpkin Pie, Apple Pie, & Cider Donuts
Mason Jar Art Lantern Project
JCHAI Patio Dedication for Doug Jarett
Fire Pit & S'mores
Volunteer Project*
Music & Games
Photo Booth

JCHAI Education Center, 274 S Bryn Mawr Ave, Bryn Mawr

Member Cost: \$75

*Volunteer Project - more information to follow

CHALLAH BAKE

Please join us for dinner, friendship, and making delicious challah! All food will be Kosher. Gluten free and dairy free dinner options available upon request.



\$40 per person



JCHAI members: Please meet at JCHAI's Education Center for pick up at 4:30 PM. Drop off will be at 7:30 PM.



Community members who wish to join us can RSVP to programs@jchai.org.

WEDNESDAY, OCTOBER 22



4:30 PM – 7:30 PM

THE DAVIS HOUSE
315 CYNWYD ROAD
BALA CYNWYD, PA 19004

In The Kitchen at Keneseth Israel

A collaborative partnership between:

- Reform Congregation Keneseth Israel (KI)
- Association for Adults with Developmental Disabilities (AADD)
- Judith Creed Horizons for Achieving Independence (JCHAI)

In The Kitchen at KI – Part of *Cooking For A Cause*

In The Kitchen at KI is a monthly volunteer initiative where members of AADD, JCHAI, and KI come together to share friendship, teamwork, and the joy of cooking. Each month, participants collaborate to prepare delicious recipes, which are then donated to local nonprofit organizations supporting neighbors in need.

UPCOMING SESSIONS — FALL 2025:

Thursdays, 4:30–6:00 PM | Oct. 23, Nov. 20

You are warmly invited to stay and enjoy pizza, salad, and community together afterwards. **Suggested donation: \$10**

Please RSVP to Rachel Kaufman at RKaufman@AADDPA.org