

# Member Calendar October 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Member C Email: prograi Call: 610- Registrations   Transpo Other Member Inquiries	ms@jchai.org 922-2480 ortation   Cancellations		1 Ever Yom Kippur 4:30-7:30 pm Member Happy Hour Cooking w/ Chef B \$40	2 Yom Kippur 4:30-6 pm EmpowerU \$40 5-7 pm BuxMont Game Night (Regency) \$35	3	4
5 2:00-4:30 pm DHUB Rainbow Ridge Farm \$65 4:15-8:30 pm Eagles Watch Party JCHAI Education Center \$55	6 3-4 pm JCHAI Connect Family Feud  4:30-6 pm Robotics (1 of 5)  \$35	7 6-8 pm DHUB Peddler's Village & Dinner \$50 (Doylestown)	8 5:15-7:15 pm Member Happy Hour Improv \$40	9 4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Cooking, Art, & More (Regency Towers) \$40	Tella FALL	11  12-3 pm Fall Fest  JCHAI Education Center \$75
12	3-4 pm JCHAI Connect Cultural Awareness & Sensitivity 4:30-6 pm Robotics (2 of 5) \$35	6-8 pm DHUB Cooking Class \$50 (Doylestown)	4:30-7:30 pm Midnight Pasta \$50	4:30-6 pm Yoga w/ Joy \$40 5-7 pm BuxMont EmpowerU (Regency Towers) \$35	6-9pm Friday Fun Night JCHAI Education Center \$40	18
Program Locations  Black: Bryn Mawr  Blue: BuxMont  Green: Doylestown	3-4 pm JCHAI Connect Andi's Wheel of Fortune 4:30-6 pm Robotics (3 of 5) \$35	6-8 pm DHUB EmpowerU \$50 (Doylestown)	4:30-7:30 pm Challah Bake \$40	4:30-6 pm MLAC: Printing w/ Botanicals \$35 4:30-6 pm BuxMont In the Kitchen w/ KI (Regency Towers)	24	5-8 pm Monster Mash Dinner & Dance Drexelbrook \$100
Red: Virtual/Zoom (FREE)  Purple: JCHAI-Wide  Programs  Orange: JCHAI Partner  Program	27 3-4 pm JCHAI Connect Life Lessons w/ Byron 4:30-6 pm Cooking w/ Keri \$35	6-8 pm DHUB  Bowling @ Main Strike  \$50 (Doylestown)	4:30-7:30 pm Member Happy Hour Bowling \$50	4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Dinner & Movie (Regency Towers) \$35	HAPPY HALLOWEEN	

#### **CALLING ALL MEMBERS!**

We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at <a href="mailto:programs@jchai.org">programs@jchai.org</a>

#### Want to join JCHAI?

Visit our website: https://jchai.org/become-a-member
Email: questions@jchai.org | Call: 610-922-2480
Supported Independent Living | Professional 1:1 Coaching |
Instructional Classes Social & Community Engagement | Career Development



October 2025

\*\*All activity registrations are due by the 15th day of the month (Registration Deadline: Monday, September 15th).

\*\*Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.

#### **JCHAI Education Center Activities**

#### Wednesday, October 1st, 4:30-7:30 pm: Cooking w/ Chef B

Cost \$40

Learn new delicious recipes at our next Cooking w/ Chef B member happy hour.

#### Thursday, October 2nd, 4:30-6 pm: EmpowerU

Cost \$40

Let's get moving at our next EmpowerU class at the JCHAI Education Center. Reminder to wear comfortable clothes and sneakers.

#### Sunday, October 5th, 4:15-8:30 pm: Eagles Watch Party

Cost \$55

Let's kick off our first Eagles Watch Party of the season with our fellow JCHAI friends.

#### Monday, October 6th, 13th, & 20th, 4:30-6 pm: Robotics (Sessions 1-3)

Cost \$35

Come join Lower Merion High School's DAWGMA Robotics Team as we learn how to build and work with robots and help with this year's national robotics competition. We'll explore robots in the real world, the engineering design process, and basic Al concepts. Don't miss out on this great opportunity!

#### Wednesday, October 8th, 4:30-7:30 pm: Improv

Cost \$40

Join us for Improv, where creativity takes center stage. Through games, laughter, and quick thinking, you'll build confidence, spark your imagination, and connect with other members in the most unexpected ways. Whether you're a natural performer or just curious, come give it a try!

#### Thursday, October 9th & 30th, 4:30-6 pm: Pet Therapy

Cost \$35

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

#### Wednesday, October 15th, 4:30-7:30 pm: Midnight Pasta Outing

Cost \$50

Join us for an unforgetta hands-on pasta making experience with Midnight Pasta. We will enjoy the handmade pasta with our JCHAI friends and staff in a family-style dinner. Member drop off and pick up will be at the JCHAI Education Center.

#### Thursday, October 16th, 4:30-6 pm: Yoga w/ Joy

Cost \$40

Joyful Yoga at JCHAI is an adaptive Hatha class. We offer a safe space to explore mindful movement and connect to our bodies in fun and creative ways! We marry breath and posture, but we take it at a pace that feels right for us, make the adjustments that feel good in our bodies, and turn inward to focus not on how the pose looks, but on how it feels. This class is chair-based, and if you're new to yoga, don't worry! It's also beginner-friendly. Join us in finding joy in movement together!

#### Friday, October 17th, 6-9 pm: Friday Fun Night

Cost \$40

Join our monthly center-based gathering. Come for dinner, movie, and game night with friends at the JCHAI Education Center.

#### Wednesday, October 22nd, 4:30-7:30 pm: Challah Bake

Cost \$40

Please join us for dinner, friendship, and making delicious challah! All food will be Kosher. Gluten free and dairy free dinner options available upon request.

#### Thursday, October 23rd, 4:30-6 pm: Main Line Art Center: Printing w/ Botanicals

Cost \$35

Capture the beauty of nature using plants, flowers and leaves with acrylics and inks.

#### Monday, October 27th, 4:30-6 pm: Cooking w/ Keri

Cost \$35

Join us at our monthly fun and flavorful cooking with Keri class at the JCHAI Education Center.

#### Wednesday, October 29th, 4:30-7:30 pm: Bowling

Cost \$50

Join our next monthly Bowling outing. Be sure to register early as spots are limited.



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#### **Doylestown Activities**

#### Sunday, October 5th, 2:00-4:30 pm: DHUB Rainbow Ridge Farm

Cost \$65

Saddle up for a day at Rainbow Ridge Farm—meet and ride the horses, explore the stables, enjoy snacks, and take in the fresh country air! Perfect for animal lovers, adventure seekers, and anyone who needs a little farmside fun. Member drop off and pick up will be at Rainbow Ridge Farm (4841 Applebutter Rd, Pipersville, PA 18947).

#### Tuesday, October 7th, 6-8 pm: DHUB Peddler's Village & Dinner

Embrace the fall fun! Explore the charming scarecrows at Peddler's Village and indulge in a tasty lunch at Villaggio Cucina— where every bite is a treat! Member drop off and pick up will be at Villaggio Cucina (5861 York Road, Lahaska, PA 18931).

Cost \$50

#### Tuesday, October 14th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering. Member drop off and pick up will be at Temple Judea (38 Rogers Rd, Furlong, PA 18925).

Cost \$50

#### Tuesday, October 21st, 6-8 pm: DHUB EmpowerU

Let's get moving at our next EmpowerU class at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901).

Cost \$50

#### Tuesday, October 28th, 6-8 pm: DHUB Bowling @ Main Strike

Join us for Duckpin Bowling at Main Strike Bowling Lounge (22 S Main St, Doylestown, PA 18901 - 2nd floor)! We'll enjoy pizza, refreshments, and great company!

Cost \$50

#### **BuxMont Activities**

Thursday, October 2nd, 5-7 pm: BuxMont Game Night @ Regency Towers

Cost \$35

Thursday, October 9th, 5-7 pm: BuxMont Cooking Class @ Regency Towers

Cost \$35 Cost \$40

Thursday, October 16th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

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Thursday, October 23rd, 4:30-6 pm: BuxMont In the Kitchen @ Keneseth Israel — Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donation: \$10 Thursday, October 30th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers

Cost \$35

#### JCHAI-Wide Programs

#### Saturday, October 11th, 12-3 pm: Fall Fest

Cost \$75

Celebrate the season in the best way possible — at our annual Fall Fest! Join us for an afternoon filled with lively music, delicious lunch, seasonal treats, and fun activities. There will be a special JCHAI Patio Dedication for Doug Jarett, an art project, s'mores, a volunteer project, photo booth, games and more! The bus will leave Regency at 11:15 am and will return at 3:45 PM. If you are coming from the Main Line please arrive at noon and schedule pickup for 3:00 PM.

#### Saturday, October 25th, 5-8 pm: Monster Mash Dinner Dance @ The Hilton Garden Inn of Ft. Washington

Cost \$100

Do the MASH! Do the MONSTER MASH! We can't wait to spend the evening dining and dancing at the Hilton Garden Inn (530 Pennsylvania Ave, Fort Washington, PA 19034) with a "Monster Mash" theme. There will be a buffet dinner of Chicken Parmesan, London Broil and Penne with Marinara, as well as additional sides and dessert. Costumes are encouraged. The party is scheduled from 5:00 PM to 8:00 PM. One bus will leave the Regency at 4:30 PM and one bus will leave JCHAI at 4:15 PM. The buses will return to JCHAI at 8:45 PM and the Regency at 8:30 PM.



## **Member Calendar**

## November 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Email: progra Call: 610 Registrations   Transp	Questions? ams@jchai.org -922-2480 ortation   Cancellations s about Group Programs	***			***	1
GRATEFUL THANKFUL BLESSED	3 3-4 pm JCHAI Connect Family Feud  4:30-6 pm Robotics (4 of 5)  \$35	6-8 pm DHUB Dinner @ MOM's \$50 (Doylestown)	5 4:30-7:30 pm Cooking w/ Chef B \$40	6 4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Art Project (Regency Towers) \$35	7	8 HERSHEYPARK  Day at Hershey Park  \$190
Program Locations  Black: Bryn Mawr  Blue: BuxMont  Green: Doylestown	3-4 pm JCHAI Connect Life Lessons w/ Byron 4:30-6 pm Robotics (5 of 5) \$35	6-8 pm DHUB Cooking Class \$50 (Doylestown)	4:30-7:30 pm Member Happy Hour Dave & Buster's \$55	4:30-6 pm EmpowerU \$40 5-7 pm BuxMont EmpowerU (Regency Towers) \$35	6-9pm Friday Fun Night - Friendsgiving JCHAI Education Center \$40	6:30-8:30 pm DHUB Friendsgiving St. Mary's Hall \$50
Red: Virtual/Zoom (FREE)  Purple: JCHAI-Wide  Programs  Orange: JCHAI Partner  Program	17 3-4 pm JCHAI Connect Andi's Wheel of Fortune 4:30-6 pm Cooking w/ Keri \$35	6-8 pm DHUB EmpowerU \$50 (Doylestown)	4:30-7:30 pm Member Happy Hour M&M Cinema \$40	4:30-6 pm MLAC: Gelli Plate Printing \$35 5-7 pm BuxMont Friendsgiving @ KI (Keneseth Israel)	21	22 Annie 11:15-7:30 pm Annie Music Mountain Theatre \$110
4:15-7:45 pm Eagles Watch Party JCHAI Education Center \$55	24 3-4 pm JCHAI Connect The Benefits of Expressing Gratitude 4:30-6 pm Mindful Monday \$35	6-8 pm DHUB Bowling @ Main Strike \$50 (Doylestown)	4:30-7:30 pm Member Happy Hour Bowling \$50	Hap Thanks		
CALLING ALL MEMBERS!			Want to join JCHAI?			

#### CALLING ALL MEMBERS!

We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at <a href="mailto:programs@jchai.org">programs@jchai.org</a>

#### Want to join JCHAI?

Visit our website: https://jchai.org/become-a-member
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Supported Independent Living | Professional 1:1 Coaching |
Instructional Classes Social & Community Engagement | Career Development



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ICHAI	Education	Center	Activities

#### Monday, November 3rd & 10th, 4:30-6 pm: Robotics (Sessions 4-5)

Cost \$35

Come join Lower Merion High School's DAWGMA Robotics Team as we learn how to build and work with robots and help with this year's national robotics competition. We'll explore robots in the real world, the engineering design process, and basic Al concepts. Don't miss out on this great opportunity!

#### Wednesday, November 5th, 4:30-7:30 pm: Cooking w/ Chef B

Learn new delicious recipes at our next Cooking w/ Chef B member happy hour.

Cost \$40

#### Thursday, November 6th, 4:30-6 pm: Pet Therapy

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Cost \$35

#### Wednesday, November 12th, 4:30-7:30 pm: Dave & Buster's

Don't miss out on the fun and join our next Dave & Buster's outing. Member drop off and pick up will be at the JCHAI Education Center.

Cost \$55

#### Thursday, November 13th, 4:30-6 pm: EmpowerU

Let's get moving at our next EmpowerU class at the JCHAI Education Center. Reminder to wear comfortable clothes and sneakers.

Cost \$40

#### Friday, November 14th, 6-9 pm: Friday Fun Night - Friendsgiving

Friday, November 14th, 6-9 pm: Friday For Night - Friendsgiving

Cost \$40

Savor the season with a Friendsgiving dinner made for friends who feel like family. Member drop off and pick up will be at the JCHAI Education Center. Members have the option to bring a dish or dessert of their choice to share with the group. If you plan to bring an dish or dessert, be sure to note it in the order notes at the time of your registration.

<u>Dinner will be provided.</u>

#### Monday, November 17th, 4:30-6 pm: Cooking w/ Keri

Join us at our monthly fun and flavorful Cooking with Keri class at the JCHAI Education Center.

Cost \$35

#### Wednesday, November 19th, 4:30-7:30 pm: M&M Cinema

Join us for dinner and a movie at our next member happy hour at the JCHAI Education Center.

Cost \$40

#### Thursday, November 20th, 4:30-6 pm: Main Line Art Center: Gelli Plate Printing

Explore gelatin plates using handmade stencils, mark making, and collage to create multi-layered prints.

Cost \$35

#### Monday, November 24th, 4:30-6 pm: Mindful Monday

Cost \$35

Gratefulness plays a big role in Mental Health. It can directly work against anxiety, is an aid to low feelings like sadness and depression, and has a place in a Practice of Mindfulness. Lets take a look at the science of gratefulness and build that muscle!

#### Wednesday, November 26th, 4:30-7:30 pm: Bowling

Join our monthly bowling outing at Devon Lanes. Member drop off and pick up will be at the JCHAI Education Center.

Cost \$50



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#### **Doylestown Activities**

Tuesday, November 4th, 6-8 pm: DHUB Dinner @ Maxwell on Main

Cost \$50

Join us for another unforgettable evening at Maxwell's on Main (37 N Main St, Doylestown, PA 18901). Member drop off and pick up will be at Maxwell's on Main.

Tuesday, November 11th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Cost \$50

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering. Member drop off and pick up will be at Temple Judea (38) Rogers Rd, Furlong, PA 18925).

Saturday, November 15th, 6:30-8:30 pm: DHUB Friendsgiving @ St. Mary's Hall

Cost \$50

Savor the season with a Friendsgiving dinner made for friends who feel like family. Member drop off and pick up will be at St. Mary's Hall (235 E State St, Doylestown, PA 18901).

Tuesday, November 18th, 6-8 pm: DHUB EmpowerU @ Doylestown Historical Society

Cost \$50

Let's get moving at our next EmpowerU class at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901).

Tuesday, November 25th, 6-8 pm: DHUB Bowling @ Main Strike

Cost \$50

Join us for Duckpin Bowling at Main Strike Bowling Lounge (22 S Main St, Doylestown, PA 18901 - 2nd floor)! We'll enjoy pizza, refreshments, and great company!

**BuxMont Activities** 

Thursday, November 6th, 5-7 pm: BuxMont Art Project @ Regency Towers

Cost \$35

Thursday, November 13th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Thursday, November 20th, 5-7 pm: BuxMont Friendsgiving @ Kenneseth Israel — Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donation: \$10

Take a coach bus with your AADD & JCHAI friends to Hersheypark for the day. You must be able to walk long distances. One meal voucher is included – HersheyParkcisshless, be

**JCHAI-Wide Programs** 

Saturday, November 8th: Day at Hershey Park

Cost \$190

sure to bring a debit/credit card for additional purchases. Please see the included flyer for all the details.

Saturday, November 22nd, 11:15 am - 7:30 pm: Annie @ Music Mountain Theatre

Cost \$110

Leapin' Lizards! Start off the day with lunch at Maggio's (400 2nd Street Pike - Southampton, PA 18966). Then go to Music Mountain Theatre (1483 RT 179 - Lambertville, NJ 08530) for Annie. With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York CityShe is determined to find the parents who abandoned her years ago on the doorstep of a New York City Orphanage that is run by the cruel, embittered Miss Hannigan. With the help of the other girls in the Orphanage, Annie escapes to the wondrous world of NYC. The bus will leave JCHAI at 11:15 AM and the Regency at 12:00 PM. Lunch begins at 12:30 PM. The bus will leave Maggio's no later than 1:45 PM. The show starts at 3:00 PM. The bus will return to the Regency around 6:45 PM and JCHAI around 7:30 PM. Price includes an entrée, beverage, and tip at Maggio's. There will not be time to have a dessert. Bring extra money if you wish to purchase snacks at the theatre. Lunch choices: Cheese Pizza, Chicken Ceasar Salad, Chicken Tenders w/ Fries, Cheese Ravioli w/ Salad, or Cheeseburger w/ Fries.

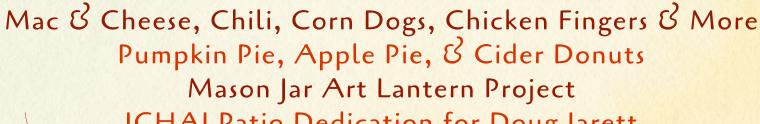
INCLUDE YOUR LUNCH CHOICE IN THE ORDER NOTES OF YOUR REGISTRATION!



# 2025 FALL FEST

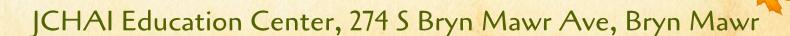
FRIENDS, FOOD, & FUN

Saturday, October IIth | 12 PM - 3 PM



JCHAI Patio Dedication for Doug Jarett
Fire Pit & Smores
Volunteer Project\*
Music & Games

Photo Booth



Member Cost: \$75

\*Volunteer Project - more information to follow



# JCHAI SUPPLIES DRIVE FOR ACCT PHILLY

2025 FALL FEST VOLUNTEER PROJECT

# JCHAI's 2025 Fall Fest Volunteer Project

As part of JCHAI's Fall Fest, we'll be running a Supplies Drive for ACCT Philly. Please bring your donations with you when you arrive at Fall Fest on Saturday, October 11.

In addition, we'll be sorting donations and making no-sew dog & cat toys and organic dog treats with student volunteers from Friends Central. **JCHAI members interested in volunteering are encouraged to join:** 

- Thursday, October 23
- > 10 AM to 1 PM
- JCHAI Education Center Bryn Mawr
- Lunch provided

#### ITEMS TO DONATE

Newspapers

Blankets

✓ Towels

Old t-shirts

Click here to view full supplies wishlist: ACCTphilly.org/helpACCT/wishlist



We're partnering with ACCT Philly, whose mission is to provide shelter, care, and life-saving efforts for homeless, abandoned, and abused animals.



# CHALLAH BAKE

Please join us for dinner, friendship, and making delicious challah! All food will be Kosher. Gluten free and dairy free dinner options available upon request.





\$40 per person



**JCHAI members:** Please meet at JCHAI's Education Center for pick up at 4:30 PM. Drop off will be at 7:30 PM.



**Community members** who wish to join us can RSVP to <a href="mailto:programs@jchai.org">programs@jchai.org</a>.

**WEDNESDAY, OCTOBER 22** 



4:30 PM - 7:30 PM

THE DAVIS HOUSE

315 CYNWYD ROAD
BALA CYNWYD, PA 19004









# In The Kitchen at Keneseth Israel

### A collaborative partnership between:

- Reform Congregation Keneseth Israel (KI)
- Association for Adults with Developmental Disabilities (AADD)
- Judith Creed Horizons for Achieving Independence (JCHAI)

## In The Kitchen at KI – Part of Cooking For A Cause

In The Kitchen at KI is a monthly volunteer initiative where members of AADD, JCHAI, and KI come together to share friendship, teamwork, and the joy of cooking. Each month, participants collaborate to prepare delicious recipes, which are then donated to local nonprofit organizations supporting neighbors in need.

# UPCOMING SESSIONS — FALL 2025: Thursdays, 4:30-5:30 PM | Oct. 23, Nov. 20

You are warmly invited to stay and enjoy pizza, salad, and community together afterwards. Suggested donation: \$10

Please RSVP to Rachel Kaufman at RKaufman@AADDPA.org



#### **TIMING IS TENTATIVE**

(an email to registrants will confirm final times)

9:15 AM - Depart from AADD (1003 Easton Road - Willow Grove)

10:00 AM - Depart from JCHAI (274 S. Bryn Mawr Ave - Bryn Mawr)

12:00 PM - Arrive at Hershey

5:30 PM - Depart Hershey

7:30 PM - Arrive at JCHAI 8:15 PM - Arrive at AADD

# **REGISTRATION FORM (AADD ONLY)**

NAME:			
BUS STOP: (Circle One)	Regency Willow Grove	OR	JCHAI Bryn Mawi
Member Cell:	Member Email:		
EMERGENCY CONTACT			
Name:		_	
Cell:	Email:		

Registration available online at www.aaddpa.org or www.jchai.org Send this portion of the form (cut off and keep bottom) with \$190 check to AADD - 1003 Easton Road, Suite C-102 - Willow Grove, PA 19090

# IMPORTANT INFO TRIP TO HERSHEY SATURDAY, NOVEMBER 8

- There will be LOTS of walking. You must be able to independently keep up with your group.
- This event is rain or shine. Cancellations only accepted if there is a wait-list and someone takes your place.
- Pack your own lunch to eat on the way. One meal voucher included entree, side & 24 oz drink.
- Hersheypark is cashless you <u>must</u> bring a debit/credit card to pay for any additional food, drink or souvenirs.
- All attendees will be assigned to a group with staff and must stay with their group.