

### **Member Calendar**

# November 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Email: progra Call: 610 Registrations   Transp	Questions? ams@jchai.org -922-2480 ortation   Cancellations s about Group Programs	***			***	1
GRATEFUL THANKFUL BLESSED	3 3-4 pm JCHAI Connect Family Feud  4:30-6 pm Robotics (4 of 5)  \$35	6-8 pm DHUB Dinner @ MOM's \$50 (Doylestown)	5 4:30-7:30 pm Cooking w/ Chef B \$40	6 4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Art Project (Regency Towers) \$35	7	8 HERSHEYPARK  Day at Hershey Park  \$190
Program Locations  Black: Bryn Mawr  Blue: BuxMont  Green: Doylestown	3-4 pm JCHAI Connect Life Lessons w/ Byron 4:30-6 pm Robotics (5 of 5) \$35	6-8 pm DHUB Cooking Class \$50 (Doylestown)	4:30-7:30 pm Member Happy Hour Dave & Buster's \$55	4:30-6 pm EmpowerU \$40 5-7 pm BuxMont EmpowerU (Regency Towers) \$35	6-9pm Friday Fun Night - Friendsgiving JCHAI Education Center \$40	6:30-8:30 pm DHUB Friendsgiving St. Mary's Hall \$50
Red: Virtual/Zoom (FREE)  Purple: JCHAI-Wide  Programs  Orange: JCHAI Partner  Program	17 3-4 pm JCHAI Connect Andi's Wheel of Fortune 4:30-6 pm Cooking w/ Keri \$35	6-8 pm DHUB EmpowerU \$50 (Doylestown)	4:30-7:30 pm Member Happy Hour M&M Cinema \$40	4:30-6 pm MLAC: Gelli Plate Printing \$35 5-7 pm BuxMont Friendsgiving @ KI (Keneseth Israel)	21	22 Annie 11:15-7:30 pm Annie Music Mountain Theatre \$110
4:15-7:45 pm Eagles Watch Party JCHAI Education Center \$55	24 3-4 pm JCHAI Connect The Benefits of Expressing Gratitude 4:30-6 pm Mindful Monday \$35	6-8 pm DHUB Bowling @ Main Strike \$50 (Doylestown)	4:30-7:30 pm Member Happy Hour Bowling \$50	Hap Thanks		
CALLING ALL MEMBERS!			Want to join JCHAI?			

#### CALLING ALL MEMBERS!

We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at <a href="mailto:programs@jchai.org">programs@jchai.org</a>

#### Want to join JCHAI?

Visit our website: https://jchai.org/become-a-member
Email: questions@jchai.org | Call: 610-922-2480
Supported Independent Living | Professional 1:1 Coaching |
Instructional Classes Social & Community Engagement | Career Development



November 2025

\*\*All activity registrations are due by the 15th day of the month (Registration Deadline: Wednesday, October 15th).

\*\*Credits will be provided for cancellations made before the registration deadline. Cancellations after the deadline will be determined on a case by case basis.

ICHAI	Education	Center	Activities

#### Monday, November 3rd & 10th, 4:30-6 pm: Robotics (Sessions 4-5)

Cost \$35

Come join Lower Merion High School's DAWGMA Robotics Team as we learn how to build and work with robots and help with this year's national robotics competition. We'll explore robots in the real world, the engineering design process, and basic Al concepts. Don't miss out on this great opportunity!

#### Wednesday, November 5th, 4:30-7:30 pm: Cooking w/ Chef B

Learn new delicious recipes at our next Cooking w/ Chef B member happy hour.

Cost \$40

#### Thursday, November 6th, 4:30-6 pm: Pet Therapy

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Cost \$35

#### Wednesday, November 12th, 4:30-7:30 pm: Dave & Buster's

Don't miss out on the fun and join our next Dave & Buster's outing. Member drop off and pick up will be at the JCHAI Education Center.

Cost \$55

#### Thursday, November 13th, 4:30-6 pm: EmpowerU

Let's get moving at our next EmpowerU class at the JCHAI Education Center. Reminder to wear comfortable clothes and sneakers.

Cost \$40

#### Friday, November 14th, 6-9 pm: Friday Fun Night - Friendsgiving

Friday, November 14th, 6-9 pm: Friday For Night - Friendsgiving

Cost \$40

Savor the season with a Friendsgiving dinner made for friends who feel like family. Member drop off and pick up will be at the JCHAI Education Center. Members have the option to bring a dish or dessert of their choice to share with the group. If you plan to bring an dish or dessert, be sure to note it in the order notes at the time of your registration.

<u>Dinner will be provided.</u>

#### Monday, November 17th, 4:30-6 pm: Cooking w/ Keri

Join us at our monthly fun and flavorful Cooking with Keri class at the JCHAI Education Center.

Cost \$35

#### Wednesday, November 19th, 4:30-7:30 pm: M&M Cinema

Join us for dinner and a movie at our next member happy hour at the JCHAI Education Center.

Cost \$40

#### Thursday, November 20th, 4:30-6 pm: Main Line Art Center: Gelli Plate Printing

Explore gelatin plates using handmade stencils, mark making, and collage to create multi-layered prints.

Cost \$35

#### Monday, November 24th, 4:30-6 pm: Mindful Monday

Cost \$35

Gratefulness plays a big role in Mental Health. It can directly work against anxiety, is an aid to low feelings like sadness and depression, and has a place in a Practice of Mindfulness. Lets take a look at the science of gratefulness and build that muscle!

#### Wednesday, November 26th, 4:30-7:30 pm: Bowling

Join our monthly bowling outing at Devon Lanes. Member drop off and pick up will be at the JCHAI Education Center.

Cost \$50



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#### **Doylestown Activities**

Tuesday, November 4th, 6-8 pm: DHUB Dinner @ Maxwell on Main

Cost \$50

Join us for another unforgettable evening at Maxwell's on Main (37 N Main St, Doylestown, PA 18901). Member drop off and pick up will be at Maxwell's on Main.

Tuesday, November 11th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Cost \$50

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering. Member drop off and pick up will be at Temple Judea (38) Rogers Rd, Furlong, PA 18925).

Saturday, November 15th, 6:30-8:30 pm: DHUB Friendsgiving @ St. Mary's Hall

Cost \$50

Savor the season with a Friendsgiving dinner made for friends who feel like family. Member drop off and pick up will be at St. Mary's Hall (235 E State St, Doylestown, PA 18901).

Tuesday, November 18th, 6-8 pm: DHUB EmpowerU @ Doylestown Historical Society

Cost \$50

Let's get moving at our next EmpowerU class at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901).

Tuesday, November 25th, 6-8 pm: DHUB Bowling @ Main Strike

Cost \$50

Join us for Duckpin Bowling at Main Strike Bowling Lounge (22 S Main St, Doylestown, PA 18901 - 2nd floor)! We'll enjoy pizza, refreshments, and great company!

**BuxMont Activities** 

Thursday, November 6th, 5-7 pm: BuxMont Art Project @ Regency Towers

Cost \$35

Thursday, November 13th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Thursday, November 20th, 5-7 pm: BuxMont Friendsgiving @ Kenneseth Israel — Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donation: \$10

Take a coach bus with your AADD & JCHAI friends to Hersheypark for the day. You must be able to walk long distances. One meal voucher is included – HersheyParkcisshless, be

**JCHAI-Wide Programs** 

Saturday, November 8th: Day at Hershey Park

Cost \$190

sure to bring a debit/credit card for additional purchases. Please see the included flyer for all the details.

Saturday, November 22nd, 11:15 am - 7:30 pm: Annie @ Music Mountain Theatre

Cost \$110

Leapin' Lizards! Start off the day with lunch at Maggio's (400 2nd Street Pike - Southampton, PA 18966). Then go to Music Mountain Theatre (1483 RT 179 - Lambertville, NJ 08530) for Annie. With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York CityShe is determined to find the parents who abandoned her years ago on the doorstep of a New York City Orphanage that is run by the cruel, embittered Miss Hannigan. With the help of the other girls in the Orphanage, Annie escapes to the wondrous world of NYC. The bus will leave JCHAI at 11:15 AM and the Regency at 12:00 PM. Lunch begins at 12:30 PM. The bus will leave Maggio's no later than 1:45 PM. The show starts at 3:00 PM. The bus will return to the Regency around 6:45 PM and JCHAI around 7:30 PM. Price includes an entrée, beverage, and tip at Maggio's. There will not be time to have a dessert. Bring extra money if you wish to purchase snacks at the theatre. Lunch choices: Cheese Pizza, Chicken Ceasar Salad, Chicken Tenders w/ Fries, Cheese Ravioli w/ Salad, or Cheeseburger w/ Fries.

INCLUDE YOUR LUNCH CHOICE IN THE ORDER NOTES OF YOUR REGISTRATION!



# Member Calendar

## December 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
,	3-4 pm JCHAI Connect JCHAI Family Feud 4:30-6 pm Sports w/ Jon A. \$35	6-8 pm DHUB Shady Brook Farm Outing \$75 (Doylestown)	3 4:30-7:30 pm Member Happy Hour Donut Making \$40	4 4:30-6 pm Pet Therapy \$35 4:30-6 pm BuxMont In the Kitchen w/ KI (Keneseth Israel)	5	Program Locations  Black: Bryn Mawr
7 WICKED  10:15 am-4 pm  Wicked II  Flourtown Movie Tavern  \$80	8 3-4 pm JCHAI Connect Life Lessons w/ Byron 4:30-6 pm Cooking w/ Keri \$35	9 6-8 pm DHUB <b>Holiday Card Making</b> \$50 (Doylestown)	4:30-7:30 pm Member Happy Hour Cooking w/ Chef B \$40	4:30-6 pm MLAC: Mixed Media \$35 5-7 pm BuxMont EmpowerU (Regency Towers) \$40	12	Blue: BuxMont  Green: Doylestown  Red: Virtual/Zoom (FREE  Purple: JCHAI-Wide
14 Chanukah begins  11:15 am-3:45 pm  Wonderlusion Time  of the Year  William Penn Inn  \$100	3-4 pm JCHAI Connect Cultural Awareness & Sensitivity 4:30-6 pm Sports w/ Jon \$35 7-8 pm Jewish Affinity	6-8 pm DHUB Holiday Cookie Making Class \$50 (Doylestown)	4:30-7:30 pm  Member Happy Hour  Bowling  \$50	4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Holiday Dinner & Movie (Regency Towers) \$35	6-9pm Friday Fun Night JCHAI Education Center \$40	Programs  Orange: JCHAI Partner Program
21	3-4 pm JCHAl Connect Andi's Wheel of Fortune 4:30-6 pm Eating w/ Your 5 Senses w/ Dinah \$35 7-8 pm Christian Affinity	6-8 pm DHUB EmpowerU \$50 (Doylestown)	24 CHRISTMAS EVE	25 CHRISTMAS DAY	26 KWANZAA BEGINS	ys!
4:15-7:45 pm Eagles Watch Party JCHAI Education Center \$55	3-4 pm JCHAI Connect Goals & Resolutions for the New Year 4:30-6 pm Mindful Monday \$35	NO PROGRAMS	2:00-8:15 pm NYE Cruise & Fireworks \$240	En Registr	Member Questions  nail: programs@jchai.  Call: 610-922-2480  ations   Transportation   Cancember Inquiries about Group	org cellations

#### CALLING ALL MEMBERS!

We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at <a href="mailto:programs@jchai.org">programs@jchai.org</a>

### Want to join JCHAI?

Visit our website: <a href="https://jchai.org/become-a-member">https://jchai.org/become-a-member</a>
Email: <a href="questions@jchai.org">questions@jchai.org</a> | Call: 610-922-2480
Supported Independent Living | Professional 1:1 Coaching |
Instructional Classes Social & Community Engagement | Career Development



December 2025

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Zoom	Sess	ions (	(FR	EE)

#### Monday, December 15th, 7-8 pm: Jewish Affinity Program

FREE

Join us for an enriching and interactive Jewish Affinity program as we come together to explore the vibrant celebration of Chanukah – the Festival of Lights. Whether you're new to the holiday or seeking to deepen your connection, this program offers something for everyone!

#### Monday, December 22nd, 7-8 pm: Christian Affinity Program

FREE

In this season of Advent, where we celebrate the birth of Christ, come join us virtually for a time of praise and reflection. We will be singing carols and remembering the faith of Mary and Joseph as they journeyed to Bethlehem towards the miraculous birth of Jesus!

#### JCHAI Education Center Activities (274 S Bryn Mawr Avenue, Bryn Mawr, PA 19010)

#### Monday, December 1st & 15th, 4:30-6 pm: Sports w/ Jon A.

Cost \$35

Join us for Sports w/ Jon A., a fun and interactive program where members come together to explore the world of movement and physical activity. This engaging program is designed to boost teamwork and communication skills, encourage active participation in a supportive environment, and build connections through shared sports stories and friendly competition. Perfect for all interests and skill levels!

#### Wednesday, December 3rd, 4:30-7:30 pm: Donut Making

Cost \$40

Please join us for dinner, friendship, and making delicious donuts! All food will be Kosher. Gluten free and dairy free dinner options available upon request. Member drop off and pick up will be at the JCHAI Education Center.

Cost \$35

#### Thursday, December 4th & 18th, 4:30-6 pm: Pet Therapy

2031 455

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Cost \$35

#### Monday, December 8th, 4:30-6 pm: Cooking w/ Keri

Join us at our monthly fun and flavorful Cooking with Keri class at the JCHAI Education Center.

Cost \$40

#### Wednesday, December 10th, 4:30-7:30 pm: Cooking w/ Chef B

Learn new delicious recipes at our next Cooking w/ Chef B member happy hour.

Cost \$35

#### Thursday, December 11th, 4:30-6 pm: Main Line Art Center: Mixed Media w/ Colored Pencils & Acrylic

You will learn the endless possibilities of acrylic painting and mixed media techniques including creating texture, and layering. You will have the opportunity to experiment with a variety of materials such as pastels, charcoal, and colored pencils to build up the surface and add depth.

Cost \$40

#### Friday, December 19th, 6-9 pm: Friday Fun Night

Celebrate the winter holidays with us at our next Friday Fun Night. Join us for dinner, trivia, holiday movie, and fun winter theme crafts. Member drop off and pick up will be at the JCHAI Education Center.

Cost \$35

#### Monday, December 22nd, 4:30-6 pm: Eating w/ Your 5 Senses w/ Dinah Raphaelle (of Best Self Nutrition)

CO31 #35

Learn about nutrition and how mindful eating improves your metabolism. This class combines creative thinking and cooking. It's a hands-on class that teaches you how to enjoy meals more and get in tune with your body while learning the benefits of mindful eating. Snacks included!

#### Sunday, December 28th, 4:15-7:45 pm: Eagles Watch Party

Cost \$55

Let's continue cheering on the Birds at our next Eagles Watch Party!

Cost \$35

#### Monday, December 29th, 4:30-6 pm: Mindful Monday

As we finish out 2025, we will gather for Mindful Monday and enjoy a simple craft for gratefulness, mindfulness, community and cocoa!



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#### **Doylestown Activities**

#### Tuesday, December 2nd, 6-8 pm: DHUB Shady Brook Farm Outing

Cost \$75

Celebrate the season with us as we spend the perfect winter night at Shady Brook Farm! We will hop on a wagon ride to see the sparkling holiday lights, then cozy up in our private campfire tent for mac & cheese, hot dogs, hot cocoa, and s'mores making. Member drop off and pick up will be Shady Brook Farm (931 Stony Hill Rd, Yardley, PA 19067).

#### Tuesday, December 9th, 6-8 pm: DHUB Holiday Cards (a) Doylestown Historical Society

Get into the spirit by crafting your very own holiday cards that make for great gifts or personal keepsakes. Member drop off & pick up will be at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901).

Cost \$50

#### Saturday, December 16th, 6-8 pm: DHUB Holiday Cookie Making Class @ Temple Judea

Join us for a sweet celebration as we mix, bake, and decorate festive cookies — perfect for sharing or keeping all to yourself! Member drop off and pick up will be at Temple Judea (38 Rogers Rd, Furlong, PA 18925).

Cost \$50

#### Tuesday, December 23rd, 6-8 pm: DHUB EmpowerU @ Doylestown Historical Society

Let's get moving at our next EmpowerU class at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901).

Cost \$50

#### **BuxMont** Activities (1001 Easton Rd, Willow Grove, PA 19090 — Manor Building)

Thursday, December 4th, 5-7 pm: BuxMont In the Kitchen w/ KI @ Kenneseth Israel — Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donation: \$10 Thursday, December 11th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Thursday, December 18th, 5-7 pm: BuxMont Dinner & Movie

Cost \$35

#### JCHAI-Wide Programs

#### Sunday, December 7th, 10:15 am - 4pm: Wicked II @ Flourtown Movie Tavern

Cost \$80

We are all excited to see the second Wicked movie musical at the Movie Tavern (1844 Bethlehem Pike, Flourtown, PA 19031). Now demonized as the Wicked Witch of the West, Elphaba lives in exile in the Ozian forest, while Glinda resides at the palace in Emerald City, reveling in the perks of fame and popularity. As an angry mob rises against the Wicked Witch, she'll need to reunite with Glinda to transform herself, and all of Oz, for good. Bring extra money if you wish to purchase candy or popcorn. Lunch and a drink are included in the ticket. Be sure to include your lunch and drink choice in the "Order Notes" box at the time of your registration. Choice of 1: Cheese Pizza, Burger, Chicken Fingers, or Chicken Quesadilla. Choice of 1: Pepsi, Diet Pepsi, Starry, Lemonade, or Water. The bus will leave JCHAI at 10:15 am and then the Regency at 11:00 am. The show starts at 12:00 pm. The bus will return to the Regency around 3:15 pm and JCHAI around 4:00 pm.

#### Sunday, December 14th, 11:15 am - 3:45 pm: Wonderlusion Magic Show @ William Penn Inn

Cost \$100

It's the most *Wonderlusion* time of the year! Enjoy delicious brunch buffet at The William Penn Inn (1017 Dekalb Pike, Gwynedd, PA) there will also be a magic show and dancing! Created by award-winning magician Rick Deezie, *Wonderlusion* brings together hilarious comedy, eye-popping illusions, and tons of audience participation. One bus will leave JCHAI at 11:15 am and one bus will leave the Regency at 11:30 am. The party goes from 12:00 - 3:00 pm. The buses will return to the Regency at 3:30 pm and JCHAI at 3:45 pm. Made possible by: The Jimmy Daino Recreation Fund.

#### Wednesday, December 31, 2-8:15 pm: NYE Cruise & Fireworks

Cost \$240

Revel in a dazzling celebration under the fireworks with a Signature Philadelphia Early New Year's Eve Fireworks Dinner Cruise with City Cruise (401 South Christopher Columbus Blvd, Philadelphia, PA)! Sail into the new year on the Delaware savoring a delicious chef-curated buffet and breathtaking views of the glittering city skyline. Unlimited coffee, hot tea, and water are included, please bring additional money if you wish to purchase a soda. Be sure to wear a coat so you can enjoy the outside deck. The bus will leave the Regency at 2:00 pm and JCHAI at 2:45 pm. The cruise boards at 4:00 pm and goes from 4:30 - 6:30 pm. The bus will return to JCHAI around 7:30 pm and the Regency around 8:15 pm.







# In The Kitchen at Keneseth Israel

### A collaborative partnership between:

- Reform Congregation Keneseth Israel (KI)
- Association for Adults with Developmental Disabilities (AADD)
- Judith Creed Horizons for Achieving Independence (JCHAI)

## In The Kitchen at KI – Part of Cooking For A Cause

In The Kitchen at KI is a monthly volunteer initiative where members of AADD, JCHAI, and KI come together to share friendship, teamwork, and the joy of cooking. Each month, participants collaborate to prepare delicious recipes, which are then donated to local nonprofit organizations supporting neighbors in need.

# UPCOMING SESSIONS — FALL 2025: Thursdays, 4:30-5:30 PM | Oct. 23, Nov. 20

You are warmly invited to stay and enjoy pizza, salad, and community together afterwards. Suggested donation: \$10

Please RSVP to Rachel Kaufman at RKaufman@AADDPA.org



#### **TIMING IS TENTATIVE**

(an email to registrants will confirm final times)

9:15 AM - Depart from AADD (1003 Easton Road - Willow Grove)

10:00 AM - Depart from JCHAI (274 S. Bryn Mawr Ave - Bryn Mawr)

12:00 PM - Arrive at Hershey

5:30 PM - Depart Hershey

7:30 PM - Arrive at JCHAI 8:15 PM - Arrive at AADD

# **REGISTRATION FORM (AADD ONLY)**

NAME:			
BUS STOP: (Circle One)	Regency Willow Grove	OR	JCHAI Bryn Mawi
Member Cell:	Member Email:		
EMERGENCY CONTACT			
Name:		_	
Cell:	Email:		

Registration available online at www.aaddpa.org or www.jchai.org Send this portion of the form (cut off and keep bottom) with \$190 check to AADD - 1003 Easton Road, Suite C-102 - Willow Grove, PA 19090

# IMPORTANT INFO TRIP TO HERSHEY SATURDAY, NOVEMBER 8

- There will be LOTS of walking. You must be able to independently keep up with your group.
- This event is rain or shine. Cancellations only accepted if there is a wait-list and someone takes your place.
- Pack your own lunch to eat on the way. One meal voucher included entree, side & 24 oz drink.
- Hersheypark is cashless you <u>must</u> bring a debit/credit card to pay for any additional food, drink or souvenirs.
- All attendees will be assigned to a group with staff and must stay with their group.



# DONUT MAKING

Please join us for dinner, friendship, and making delicious donuts! All food will be Kosher. Gluten free and dairy free dinner options available upon request.





\$40 per person



**JCHAI members:** Please meet at JCHAI's Education Center for pick up at 4:30 PM. Drop off will be at 7:30 PM.



**Community members** who wish to join us can RSVP to <a href="mailto:programs@jchai.org">programs@jchai.org</a>.

WEDNESDAY, DECEMBER 3, 2025



4:30 PM - 7:30 PM









CHANUKAH PROGRAM



MONDAY,
DECEMBER 15, 2025
7:00 to 8:00 PM ET

Click HERE to access the Zoom link:

tinyurl.com/2025-Chanukah

Free, Zoom-based program for Jewish spiritual connection.

Curriculum co-developed and led by JCHAI members and staff.

No need to pre-register. All are welcome!

Join us for an enriching and interactive Jewish Affinity program as we come together to explore the vibrant celebration of Chanukah – the Festival of Lights. Whether you're new to the holiday or seeking to deepen your connection, this program offers something for everyone!

**Questions? Contact programs@JCHAI.org** 



Monday,

**December 22, 2025** 

7:00 to 8:00 PM ET

Click HERE to access the Zoom link:

tinyurl.com/2025-Xmas



# CHRISTIAN AFFINITY GROUP

CHRISTMAS PROGRAM

Free, Zoom-based program for Christian spiritual connection. Curriculum co-developed and led by JCHAI members and staff. No need to pre-register. All are welcome!

In this season of Advent, where we celebrate the birth of Christ, come join us virtually for a time of praise and reflection. We will be singing carols and remembering the faith of Mary and Joseph as they journeyed to Bethlehem towards the miraculous birth of Jesus!

**Questions? Contact programs@JCHAI.org**