

Member Calendar

January 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Member Questions? Email: programs@jchai.org Call: 610-922-2480 Registrations Transportation Cancellations Other Member Inquiries about Group Programs					2	3
4 12:45-4:15 pm Eagles Watch Party \$55	5 3-4 pm JCHAI Connect Family Feud 4:30-6:30 pm Intentions w/ Tammy \$40	6 6-8 pm DHUB Intentions w/ Tammy \$50 (Doylestown)	7 4:30-7:30 pm Member Happy Hour Cooking w/ Chef B \$40	8 4:30-6 pm EmpowerU \$40 4:30-6 pm BuxMont In the Kitchen @ KI (Keneseth Israel)	9 	10 6:30-8:30 pm DHUB Saturday Fun Night St. Mary's Hall \$50
11	12 3-4 pm JCHAI Connect Life Lessons w/ Byron 4:30-6 pm Cooking w/ Keri \$35	13 6-8 pm DHUB HIIT Exercise \$50 (Doylestown)	14 4:30-7:30 pm Member Happy Hour Dave & Buster's \$55	15 4:30-6 pm Yoga w/ Joy \$40 5-7 pm Intentions w/ Tammy \$40 (Regency Towers)	16	17 10:30 am-1 pm Day of Service JCHAI Education Center FREE
Program Locations Black: Bryn Mawr Blue: BuxMont Green: Doylestown Red: Virtual/Zoom (FREE) Purple: JCHAI-Wide Programs Orange: JCHAI Partner Program		19 OFFICE CLOSED 	20	21 4:30-7:30 pm Member Happy Hour M&M Cinema \$40	22	24
	26 3-4 pm JCHAI Connect Cultural Awareness & Sensitivity 4:30-6 pm Mindful Monday \$35	27 6-8 pm DHUB Bowling @ Main Strike \$50 (Doylestown)	28 4:30-7:30 pm Member Happy Hour Bowling \$50	29 4:30-6 pm Pet Therapy \$35 5-7 pm Dinner & Movie \$35 (Regency Towers)	30	31
CALLING ALL MEMBERS! We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at programs@jchai.org				Want to join JCHAI? Visit our website: https://jchai.org/become-a-member Email: questions@jchai.org Call: 610-922-2480 Supported Independent Living Professional 1:1 Coaching Instructional Classes Social & Community Engagement Career Development		



Member Calendar Trip & Event Details

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Zoom Sessions (FREE)

Mondays, 3-4 pm: JCHAI Connect Sessions

Stay connected with our FREE weekly zoom sessions! We'll cover a range of topics all designed to inspire and build community.

FREE

JCHAI Education Center Activities (274 S Bryn Mawr Avenue, Bryn Mawr, PA 19010)

Sunday, January 4th, 12:45-4:15 pm: Eagles Watch Party

Let's kick off the new year by cheering on the Birds at our next Eagles Watch Party!

Cost \$55

Monday, January 5th, 4:30-6:30 pm: Intentions w/ Tammy

Join Tammy for this supportive, judgement-free session that will help you connect, reflect, and step confidently into 2026. Explore how thoughts shape experiences, practice visualization, transform limiting beliefs, and leave grounded, encouraged, and equipped with personal tools for your goals. Dinner will be provided.

Cost \$40

Wednesday, January 7th, 4:30-7:30 pm: Cooking w/ Chef B

Learn new delicious recipes at our next Cooking w/ Chef B member happy hour.

Cost \$40

Thursday, January 8th, 4:30-6 pm: EmpowerU

Let's get moving at our next EmpowerU class at the JCHAI Education Center. Reminder to wear comfortable clothes and sneakers.

Cost \$40

Monday, January 12th, 4:30-6 pm: Cooking w/ Keri

Join us at our monthly fun and flavorful Cooking with Keri class at the JCHAI Education Center.

Cost \$35

Wednesday, January 14th, 4:30-7:30 pm: Dave & Buster's

Don't miss out on the fun and join our next Dave & Buster's outing. Member drop off and pick up will be at the JCHAI Education Center.

Cost \$55

Thursday, January 15th, 4:30-6 pm: Yoga w/ Joy

Joyful Yoga at JCHAI is an adaptive Hatha class. We offer a safe space to explore mindful movement and connect to our bodies in fun and creative ways! We marry breath and posture, but we take it at a pace that feels right for us, make the adjustments that feel good in our bodies, and turn inward to focus not on how the pose looks, but on how it feels. This class is chair-based, and if you're new to yoga, don't worry! It's also beginner-friendly. Join us in finding joy in movement together!

Cost \$40

Thursday, January 22nd, 4:30-6 pm: Main Line Art Center: Silk Painting

Join us as we dye our own silk square using a variety of inks. The inks mix beautifully and run like vibrant watercolors. The completed work of art is perfect for framing, hanging, or use as a scarf or decorative cloth.

Cost \$35

Friday, January 23rd, 6-9 pm: Friday Fun Night

Join our monthly center-based gathering. Come for dinner, movie, and game night with friends at the JCHAI Education Center.

Cost \$40

Monday, January 26th, 4:30-6 pm: Mindful Monday

Join us at Mindful Monday as we engage our Awareness and practice Mindful Listening to bring our practice back to communication skills.

Cost \$35

Wednesday, January 28th, 4:30-7:30 pm: Bowling

Join our monthly bowling outing at Devon Lanes. Member drop off and pick up will be at the JCHAI Education Center.

Cost \$50

Thursday, January 29th, 4:30-6 pm: Pet Therapy

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.

Cost \$35



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Doylestown Activities

Tuesday, January 6th, 6-8 pm: DHUB Intentions w/ Tammy @ Bucks County Free Library

Cost \$50

Join Tammy for this supportive, judgement-free session that will help you connect, reflect, and step confidently into 2026. Explore how thoughts shape experiences, practice visualization, transform limiting beliefs, and leave grounded, encouraged, and equipped with personal tools for your goals. Member drop off and pick up will be at the Bucks County Free Library (150 S Pine St, Doylestown, PA 18901).

Saturday, January 10th, 6-8 pm: DHUB Saturday Fun Night @ St. Mary's Hall

Cost \$50

Join us for karaoke and games at our next Saturday Fun Night at St. Mary's Hall. Member drop off and pick up will be at St. Mary's Hall (235 E State St, Doylestown, PA 18901).

Tuesday, January 13th, 6-8 pm: DHUB HIIT Exercise @ Doylestown Historical Society

Cost \$50

Join us for a fun and high-energy workout that builds strength, boost confidence, and celebrates movement your way. Member drop off and pick up will be at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901).

Tuesday, January 20th, 6-8 pm: DHUB Cooking Class @ Temple Judea

Cost \$50

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering. Member drop off and pick up will be at Temple Judea (38 Rogers Rd, Furlong, PA 18925).

Tuesday, January 27th, 6-8 pm: DHUB Bowling & Mini Golf @ Main Strike

Cost \$50

Join us for Duckpin Bowling & Mini Golf at Main Strike Bowling Lounge (22 S Main St, Doylestown, PA 18901 - 2nd floor)! We'll enjoy pizza, refreshments, and great company!

BuxMont Activities (1001 Easton Rd, Willow Grove, PA 19090 — Manor Building)

Thursday, January 8th, 4:30-6 pm: BuxMont In the Kitchen w/ KI @ Kenneseth Israel — Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donation: \$10

Thursday, January 15th, 5-7 pm: BuxMont Intentions w/ Tammy @ Regency Towers

Cost \$40

Thursday, January 22nd, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Thursday, January 29th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers

Cost \$35

JCHAI-Wide Programs

Saturday, January 17th, 10:30 am - 1pm: Day of Service @ JCHAI Education Center

FREE

We will be having a day of service at the JCHAI Education Center ((274 S Bryn Mawr Avenue, Bryn Mawr, PA 19010). Bring donations (soap, deodorant, toothbrush/toothpaste, gloves, hat, socks or beads) and work on projects for 3 different local nonprofits. Lunch will be provided. The bus will leave Regency at 9:45 am. The event goes from 10:30 am - 1:00 pm. The bus will return to the Regency at 1:45 pm. If you are not taking the bus please do not arrive before 10:30 am and schedule your pickup for 1:00 pm. Spots are limited, please only sign up if you are coming to volunteer!

Saturday, January 24th, 11:15 am - 7:30 pm: GREASE @ Music Mountain Theatre

Cost \$115

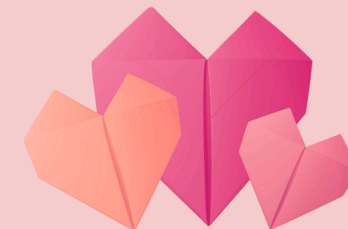
GREASE is the Word! Start off the day with lunch at Maggio's (400 2nd Street Pike - Southampton, PA 18966). Then go to Music Mountain Theatre (1483 RT 179 – Lambertville, NJ 08530) for GREASE. In Rydell High's class of 1959, head "greaser" Danny Zuko and new (good) girl Sandy Dumbrowski try to relive the high romance of their "Summer Nights," as the rest of the gang sings and dances its way through songs that recall the music that became the soundtrack of a generation. The bus will leave JCHAI at 11:15 am and the Regency at 12:00 pm. Lunch begins at 12:30 pm. The bus will leave Maggio's no later than 1:45 pm. The show starts at 3:00 PM. The bus will return to the Regency around 6:45 PM and JCHAI around 7:30 PM. Price includes an entrée, beverage, and tip at Maggio's. There will not be time to have a dessert. Bring extra money if you wish to purchase snacks at the theatre.

Lunch choices: Cheese Pizza, Chicken Caesar Salad, Chicken Tenders w/ Fries, Cheese Ravioli w/ Salad, or Cheeseburger w/ Fries.

INCLUDE YOUR LUNCH CHOICE IN THE ORDER NOTES OF YOUR REGISTRATION!

Member Calendar

February 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  12:15-6:30 pm The Producers Candlelight Theatre \$125	2 Groundhog Day 3-4 pm JCHAI Connect Family Feud 4:30-6 pm EmpowerU \$40	3 6-8 pm DHUB Cooking Class \$50 (Doylestown)	4 4:30-7:30 pm Cooking w/ Chef B \$40	5  4:30-6 pm DIY Hearts & Crafts Valentine's Decor \$35 4:30-6 pm BuxMont In the Kitchen w/ KI (Keneseth Israel)	6 6-8 pm JDAIM Dinner & Services Keneseth Israel (Free)	7 1-3 pm DHUB Breakfast & Ice Skating Hatfield Ice \$85 
8  Super Bowl Watch Party JCHAI Education Center \$55	9 3-4 pm JCHAI Connect Life Lessons w/ Byron 4:30-6 pm Program w/ Dinah \$35	10 6-8 pm DHUB DIY Hearts & Crafts Valentine's Decor \$50 (Doylestown)	11 4:30-7:30 pm Member Happy Hour Game on State \$55	12 4:30-6 pm Yoga \$40 5-7 pm BuxMont EmpowerU (Regency Towers) \$40 7-8 Member Advisory Meeting	13 6-9pm Friday Fun Night JCHAI Education Center \$40	14  Happy Valentine's Day
Program Locations Black: Bryn Mawr Blue: BuxMont Green: Doylestown Red: Virtual/Zoom (FREE) Purple: JCHAI-Wide Programs Orange: JCHAI Partner Program	16 Presidents' Day 3-4 pm JCHAI Connect Andi's Wheel of Fortune 4:30-6 pm Cooking w/ Keri \$35	17 Mardi Gras 6-8 pm DHUB HIIT Exercise \$50 (Doylestown)	18 Ash Wednesday 4:30-7:30 pm Member Happy Hour M&M Cinema \$40	19 4:30-6 pm MLAC: Silk Painting \$35 5-7 pm BuxMont Cooking, Art & More (Regency Towers) \$35	20  BLACK HISTORY MONTH	21 11:15-3:45 pm Magic of Love William Penn Inn \$100 
	23 3-4 pm JCHAI Connect Cultural Awareness & Sensitivity 4:30-6 pm Mindful Monday \$35	24 6-8 pm DHUB Dinner @ Villa Capri \$50 (Doylestown)	25 4:30-7:30 pm Member Happy Hour Bowling \$50	26 4:30-6 pm Pet Therapy \$35 5-7 pm BuxMont Dinner & Movie (Regency Towers) \$35	Member Questions? Email: programs@jchai.org Call: 610-922-2480 Registrations Transportation Cancellations Other Member Inquiries about Group Programs	

CALLING ALL MEMBERS!

We are looking for Member Ambassadors to help welcome new members feel connected and supported. Interested? Email us at programs@jchai.org

Want to join JCHAI?

Visit our website: <https://jchai.org/become-a-member>

Email: questions@jchai.org | Call: 610-922-2480

Supported Independent Living | Professional 1:1 Coaching | Instructional Classes Social & Community Engagement | Career Development



Member Calendar Trip & Event Details

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Zoom Sessions (FREE)

Thursday, February 12th, 7-8 pm: Member Advisory Committee Meeting

FREE

Would you like to share your ideas for what makes JCHAI great and how we can be even better? Join fellow JCHAI members on Zoom and discuss ideas for future programs and trips.

JCHAI Education Center Activities (274 S Bryn Mawr Avenue, Bryn Mawr, PA 19010)

Monday, February 2nd, 4:30-6 pm: EmpowerU

Cost \$40

Let's get moving at our next EmpowerU class at the JCHAI Education Center. Reminder to wear comfortable clothes and sneakers.

Wednesday, February 4th, 4:30-7:30 pm: Cooking w/ Chef B

Cost \$40

Learn new delicious recipes at our next Cooking w/ Chef B member happy hour.

Thursday, February 5th, 4:30-6 pm: DIY Hearts & Crafts Valentine's Decor

Cost \$35

Craft your heart out! Join us for a DIY Heart's & Crafts Valentine's Decor class where you will create your own heart crafts and cards.

Sunday, February 8th: Super Bowl Watch Party

Cost \$55

Join us for the ultimate Super Bowl Party – food, drinks, and a winning atmosphere! Don't miss out on the big game and big moments with fellow JCHAI friends! More information to follow.

Monday, February 9th, 4:30-6:30 pm: Eating w/ Your 5 Senses w/ Dinah Raphaelle (of Best Self Nutrition)

Cost \$35

Learn about nutrition and how mindful eating improves your metabolism. This class combines creative thinking and cooking. It's a hands-on class that teaches you how to enjoy meals more and get in tune with your body while learning the benefits of mindful eating. Snacks included!

Wednesday, February 11th, 4:30-7:30 pm: Game On State

Cost \$55

Join us for an evening of arcade games, karaoke, and pizza at the amazing Game on State in Media, PA. Bring cash, credit or debit if you would like to purchase soda or candy. Member drop off and pick up will be at the JCHAI Education Center.

Thursday, February 12th, 4:30-6 pm: Yoga w/ Joy

Cost \$40

Joyful Yoga at JCHAI is an adaptive Hatha class. We offer a safe space to explore mindful movement and connect to our bodies in fun and creative ways! We marry breath and posture, but we take it at a pace that feels right for us, make the adjustments that feel good in our bodies, and turn inward to focus not on how the pose looks, but on how it feels. This class is chair-based, and if you're new to yoga, don't worry! It's also beginner-friendly. Join us in finding joy in movement together!

Friday, February 13th, 6-9 pm: Friday Fun Night

Cost \$40

Join our monthly center-based gathering as we come together to celebrate love and friendship.

Monday, February 16th, 4:30-6 pm: Cooking w/ Keri

Cost \$35

Join us at our monthly fun and flavorful Cooking with Keri class at the JCHAI Education Center.

Thursday, February 19th, 4:30-6 pm: Main Line Art Center: Silk Painting

Cost \$35

During this workshop, we will dye our own silk square using a variety of inks. The inks mix beautifully and run like vibrant watercolors. The completed work of art is perfect for framing, hanging, or use as a scarf or decorative cloth.

Monday, February 23rd, 4:30-6 pm: Mindful Monday

Cost \$35

This month, we bring Mindfulness to our Friendships! Join us for an exercise in appreciating the love and support that surrounds us. By bringing our mindful attention to our important people, we will naturally expand our gratitude for them!

Wednesday, February 25th, 4:30-7:30 pm: Bowling

Cost \$50

Join our monthly bowling outing at Devon Lanes. Member drop off and pick up will be at the JCHAI Education Center.

Thursday, February 26th, 4:30-6 pm: Pet Therapy

Cost \$35

Let furry friends bring joy, calm, and comfort at our monthly Pet Therapy class at the JCHAI Education Center.



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Doylestown Activities

Tuesday, February 3rd, 6-8 pm: DHUB Cooking Class @ Temple Judea

Cost \$50

Join us as we continue to learn new recipes and cooking techniques. Be sure to bring your recipe books to this gathering. Member drop off and pick up will be at Temple Judea (38 Rogers Rd, Furlong, PA 18925).

Saturday, February 7th, 10:45 am - 3 pm: DHUB Breakfast & Ice Skating @ Hatfield Ice

Cost \$85

Breakfast, blades, and big smiles! Fuel up with a delicious breakfast at Michael's Family Restaurant & Diner, then hit the ice at Hatfield Ice for a fun-filled skating adventure. From comfort food to cool spins on the rink, this outing promises great company, plenty of laughs, and memorable winter fun. Member drop off will be at 10:45 am at Michael's Family Diner (709 Bethlehem Pike, Montgomeryville, PA 18936) and pick up will be at 3:00 pm at Hatfield Ice (350 County Line Road, Colmar, PA 18915).

Tuesday, February 10th, 6-8 pm: DHUB DIY Hearts & Crafts Valentine's Decor @ Bucks County Free Library

Cost \$50

Craft your heart out! Join us for a DIY Heart's & Crafts Valentine's Decor class at the Bucks County Free Library (150 S Pine St, Doylestown, PA 18901), where you will create your own heart crafts and cards.

Tuesday, February 17th, 6-8 pm: DHUB HIIT Exercise @ Doylestown Historical Society

Cost \$50

Join us for a fun and high-energy workout that builds strength, boost confidence, and celebrates movement your way. Member drop off and pick up will be at the Doylestown Historical Society (56 S Main St, Doylestown, PA 18901).

Tuesday, February 24th, 6-8 pm: DHUB Dinner @ Villa Capri

Cost \$50

Join us for a delicious dinner at Villa Capri (51 W Court St, Doylestown, PA 18901), a Doylestown favorite known for its comforting flavors and welcoming ambiance.

BuxMont Activities (1001 Easton Rd, Willow Grove, PA 19090 — Manor Building)

Thursday, February 5th, 4:30-6 pm: BuxMont In the Kitchen w/ KI @ Keneseth Israel — Please RSVP to Rachel Kaufman at rkaufman@aaddpa.org. Suggested donation: \$10

Thursday, February 12th, 5-7 pm: BuxMont EmpowerU @ Regency Towers

Cost \$40

Thursday, February 19th, 5-7 pm: BuxMont Cooking, Art & More @ Regency Towers

Cost \$40

Thursday, February 26th, 5-7 pm: BuxMont Dinner & Movie @ Regency Towers

Cost \$35

JCHAI-Wide Programs

Sunday, February 1st, 11:30 am - 7:15 pm: The Producers @ Candlelight Theatre

Cost \$125

Start off with a delicious and plentiful lunch and desert at the Candlelight Theatre (2208 Millers Rd, Wilmington, DE 19810). Then enjoy Mel Brooks' laugh-out-loud spectacle, The Producers. The plot is simple: a down-on-his-luck Broadway producer and his mild-mannered accountant come up with a scheme to produce the most notorious flop in history, thereby bilking their backers (all "little old ladies") out of millions of dollars. Only one thing goes awry: the show is a smash hit! Bring extra money if you wish to purchase; soda, 50/50 tickets, or the special hot fudge sundae dessert. The bus will leave Regency at 11:30 am and then JCHAI at 12:15 pm. Lunch begins at 1:00 pm and the show starts at 3:00 pm. The bus will return to JCHAI at 6:30 pm and the Regency around 7:15 pm. **MUST USE BUS!**

Friday, February 6th, 6-8 pm: Jewish Disability Awareness, Acceptance & Inclusion Month Dinner & Services @ Keneseth Israel

FREE

Join us for a meaningful Shabbat in honor of Jewish Disability Awareness, Acceptance & Inclusion Month (JDAIM) at Keneseth Israel (8339 Old York Road, Elkins Park, PA 19027). The evening will begin with a shared community dinner, followed by an inclusive Shabbat service that celebrates dignity, belonging, and the diverse strengths of individuals with developmental disabilities. The program will conclude with an Oneg Shabbat for continued conversation, connection, and celebration. **RSVP REQUIRED!**

Saturday, February 21st, 11:15 am - 3:45 pm: Magic of Love @ The William Penn Inn

Cost \$100

It's the Magic of Love! Enjoy delicious brunch buffet at The William Penn Inn (1017 Dekalb Pike, Gwynedd, PA) there will also be a magic show and a DJ! Created by award-winning magician Rick Deezie, *Wonderlusion* brings together hilarious comedy, eye-popping illusions, and tons of audience participation. One bus will leave JCHAI at 11:15 am and one bus will leave the Regency at 11:30 am. The party goes from 12:00 - 3:00 pm. The buses will return to the Regency at 3:30 pm and JCHAI at 3:45 pm.

Made possible by: The Jimmy Daino Recreation Fund.

In The Kitchen at Keneseth Israel

A collaborative partnership between:

- Reform Congregation Keneseth Israel (KI)
- Association for Adults with Developmental Disabilities (AADD)
- Judith Creed Horizons for Achieving Independence (JCHAI)

In The Kitchen at KI – Part of *Cooking For A Cause*

In The Kitchen at KI is a monthly volunteer initiative where members of AADD, JCHAI, and KI come together to share friendship, teamwork, and the joy of cooking. Each month, participants collaborate to prepare delicious recipes, which are then donated to local nonprofit organizations supporting neighbors in need.

UPCOMING SESSIONS — WINTER 2025–26:

Thursdays, 4:30–6:00 PM | Dec. 4, Jan. 8, Feb. 5

You are warmly invited to stay and enjoy pizza, salad, and community together afterwards. **Suggested donation: \$10**

Please RSVP to Rachel Kaufman at RKaufman@AADDPA.org



DAY OF SERVICE

HEALTH, HEART, AND HOME



Experience JCHAI and Volunteer Alongside Our Members & Make a Difference in the Community

Together, we'll make a big impact — one backpack, one bracelet, & one card at a time.

All are welcome! Lunch will be provided.

► WHEN:

Saturday, January 17
10:30 AM - 1:00 PM

► WHERE:

JCHAI Swartz Education Center
274 South Bryn Mawr Avenue
Bryn Mawr, PA 19010

► CO-HOSTS:

Cindy & Jordyn
Dannenbaum

Cards of Kindness

Spread joy and gratitude by crafting heartfelt cards.

OperationGratitude.com

JewishRelief.org

CaringForFriends.org

H.E.L.P.I.N.G The Homeless

Assemble backpacks with essential items to support homeless individuals.

HelpingTheHomelessBackpacks.com

Beat it Beads

Create bracelets for people fighting cancer to give them hope for beating it.

BeatItBeads.com

Your support of JCHAI's volunteer program is greatly appreciated. Donate today to further our impact!

NEW ITEMS TO DONATE

- ✓ Bar Soap
- ✓ Deodorant
- ✓ Toothbrushes & Toothpaste
- ✓ Gloves
- ✓ Hats
- ✓ Socks
- ✓ New or Upcycled Beads



Please drop off all donations in advance, or bring them with you on January 17.

Questions or to RSVP please contact
programs@JCHAI.org or cdannenbaum1@gmail.com

February is... Jewish Disability Awareness, Acceptance & Inclusion Month

KI's Inclusion Committee presents:

Friday, Feb. 6, 2026

Shabbat Dinner and Services with AADD

Dinner: 6pm & Service: 7 - 8pm

RSVP

info@aaddpa.org



**JDAIM
FEBRUARY**
Jewish Disability Awareness,
Acceptance & Inclusion Month



**Reform Congregation Keneseth Israel
8339 Old York Road
Elkins Park, PA 19027 215.887.8700**